



# A HALF MARATHON ON THE RAIL TRAIL

## BENEFITING YORK COLLEGE ATHLETICS

The 13.1 mile journey that is the Spartan Half, begins and ends on our campus at York College of Pennsylvania and travels through rural southern Pennsylvania via the scenic Heritage Rail Trail County Park. This half marathon combines the unique benefits of our outstanding hosting facilities, event staff, and festive atmosphere with a gorgeous neighboring stretch of cinder running along what was once the historic Northern Central Railroad. This is a fast track with great opportunities for runners at every level.

The Spartan Advance is the official athletic booster club of York College Athletics and a driving force in our effort to build and maintain a thriving and contemporary intercollegiate athletic program.

### EVENT PACKAGE INCLUDES:

- Race Tech Shirt
- Finisher's Medal
- End of Race Food and Beverage
- Entertainment
- Awards for Top Three Finishers in Each Age Group

### EVENT SCHEDULE

#### SATURDAY, APRIL 9

Packet Pick-up and Expo.....12:30 p.m. to 5:00 p.m.

#### SUNDAY, APRIL 10

Packet Pick-up.....6:00 a.m. to 7:00 a.m.

Race Start.....7:30 a.m.

BROUGHT TO YOU BY

# THE SPARTAN ADVANCE

FOR YORK COLLEGE ATHLETICS

THE SPARTAN HALF IS LIMITED TO 600 RUNNERS.

Registration (January 1–April 10).....\$75

Registration is open until 7:00 a.m. on race day, however, those who register after March 31 will not be guaranteed a race shirt.

Go to [www.spartanhalf.com](http://www.spartanhalf.com) to learn more and register!

First Name \_\_\_\_\_

Last Name \_\_\_\_\_

Date of Birth \_\_\_\_\_

Street \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

I have enclosed a check made payable to York College of Pennsylvania.

Please charge my credit card:  
 Visa  MasterCard  Discover

Card # \_\_\_\_\_

Exp. Date \_\_\_\_\_ CVV# \_\_\_\_\_  
Three digit # on back of card.

Name on Card \_\_\_\_\_

Signature \_\_\_\_\_

**Please select your shirt size:**

**MEN'S**

**S M L XL XXL**

**WOMEN'S**

**S M L XL XXL**

**Please mail this form with check or credit card information to:**

**The Spartan Advance  
York College of Pennsylvania  
441 Country Club Road  
York, PA 17403**

**Questions? Call (717) 815-2217**

**★ You may also register and pay on-line at:  
WWW.SPARTANHALF.COM**



## The Spartan Half

# FAQS

### ■ When is the Spartan Half?

Sunday, April 10, 2016  
Start Time: 7:30 a.m.

### ■ Is there an end time?

Yes, there is a 4.5 hour time limit. The ability to run a 14-minute mile is recommended to complete the half marathon race within the allotted time.

### ■ Is my registration refundable?

Registration is non-refundable.

### ■ Is there a registration limit?

Yes, registration is limited to 600 total participants.

### ■ Is there an age limit/restriction for participation?

The age limit for participation is 13 years of age with parental permission.

### ■ What is the GPS address for the parking/start/finish?

899 South Richland Ave, York PA 17403

### ■ Where is Packet Pickup?

Packet pickup and expo run from 12:30 p.m. to 5:00 p.m. on Saturday, April 9 in the M&T Field House (at the Grumbacher Sport & Fitness Center) on the York College campus. Packet pickup is also available on the day of the race from 6:00 a.m. to 7:00 a.m.

### ■ Where is the Starting Line?

The starting line will be on York College Drive. Participants must be at the starting line at least 10 minutes prior to the start of the race. Restrooms will be available.

### ■ Are there parking options for friends and family?

Yes, parking is available on West Campus at York College at several

lots within walking distance of the start/finish line. Look for signs and volunteers to guide you to available parking.

### ■ What type of surface is the Rail Trail? What's the course like?

The trail surface is crushed limestone. The course winds through the edge of York City and toward beautiful rural York County. With only 470 feet of elevation over 13.1 miles, this is a flat, fast course!

### ■ Can my friends and I run the race as a relay?

Sorry, only individual runners may enter.

### ■ Can I push a stroller?

Sorry, strollers are not permitted in the race.

### ■ Will there be drink stations?

Yes, there will be drink/aide stations along the course. Some stations will include an electrolyte drink. Drinks will also be available at the starting line.

### ■ Will food be available after the race?

Yes, food and drink is included in the entry fee and will be available right outside of the track just a few feet from the finish line. Volunteers and signs will guide you.

### ■ Where can I find the results of the race?

Results will be posted on the results board at the race and also online at : pretzelcitysports.com

### ■ Will all Half Marathon finishers be given a medal?

Yes, all finishers completing the race within the allotted time of 4.5 hours will receive a finisher's medal.

Special awards will be given to the top three overall finishers (male and female), and the top three male and female finishers in the following age categories:

- Age 13 to 19 (M/F)
- Age 20 to 29 (M/F)
- Age 30 to 39 (M/F)
- Age 40 to 49 (M/F)
- Age 50 to 59 (M/F)
- Age 60+ (M/F)

Please note: Overall winners will not be included in age category awards.