

The Marine Corps League and Auxiliary of Lancaster County present

Semper Fi 5K Run/Walk

& Quarter Mile Kids Chesty's Challenge Fun Race

Saturday November 11, 2017-8 am

★ Veterans Day 2017 ★

LOCATION: Columbia High School, 901 Ironville Pike, Columbia, Pa. 17512. Regist./ number pickup opens at 6:30 a.m. 5k starts at 8:00 a.m. Kids race at 9:00 am. Regular short sleeve T-shirt to all pre-entries & race-day entries while they last. Clock at finish, refreshments, half mile & mile splits, instant results. Rain or shine. No refunds or mailed awards.

COURSE: FLAT, FAST wheel measured course on borough streets. Lancaster County's fastest downhill course.

This is a point to point course with shuttle buses provided for return to start area.

AWARDS: 5K: \$100 cash for the male and female overall winners \$50.00 cash for male & female masters (50 yrs & over) Top 3 in age groups.: 13 & under: 14-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80- 84, 85-89, 90+ **NO DOUBLE AWARDS**

Quarter mile Chesty's Challenge kids Race for 12 yrs old & under:
Shirts, finisher's medal and goodie bags to all pre-registered participants
Note: Kids participating in both the 5k & fun run must enter twice.

ENTRY: 5K Fee: \$25.00 with shirt guaranteed if registered by Oct. 15, 2017.
After that date, and including race day, \$30.00 with shirt (while supplies last, no guarantee).

Kids Run: \$10 if postmarked by Oct. 15, 2017. (Includes shirt, finisher's medal and goodie bag).
Day of race, \$10. (Includes finisher's medal only). (t-shirts available on site after race at \$15.00 cost).
Registration and Chesty's Challenge is located at Columbia Crossings Center, 41 Walnut Street, Columbia, Pa. 17512 Registration closes at 8:45 am. Races start at 9 am.

Optional online registration available on www.pretzelcitysports.com
(Nominal processing fee applies, closes at midnight, Wed. Nov. 8th.)

MAIL CHECK PAYABLE TO "Marine Corps League of Lancaster County #294" Mail FORM BELOW TO:
Marine Corps League of Lancaster County, P O Box 227, Columbia, Pa. 17552

rlbsab@comcast.net 717-361-8639 **VISIT US FOR MORE INFO AT: www.semperfi5k.rocks**

Last name _____ First name _____

Address _____ City _____ State _____ Zip _____

Circle one: 5K or Fun run Sex: M F Race day age: _____ Date of birth ____/____/____

Shirt Size (circle one) : 5K shirt S M L XL Phone: (____) _____ A.M. or P.M.??

Kid's shirt YS YM YL Military Veteran - Branch of service _____

Email: (print clearly) _____

Already getting Pretzel City emails regularly? Yes ___ No___ **WAIVER:** I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic on the course and assume the risk for running in traffic. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the affects of the weather and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Pretzel City Sports, Marine Corps League of Lancaster County #294, The Borough of Columbia, Pa. and The School district of Columbia, Pa. and any subcontractors it utilizes, all municipalities in which the race is held, the race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown. By entering this race, I am granting permission to Pretzel City Sports to use any pictures or likenesses of me secured at the event in any way they see fit without review, restriction or compensation. **I HAVE READ AND UNDERSTAND THIS WAIVER: (if under 18, parent or legal guardian must sign)**

Signature _____ date ____/____/ 20__