



# ACQUIRED BRAIN INJURY NETWORK

THIRD Annual

## 2017 5K BOO-TIFUL BRAINS!

### HALLOWEEN



5K TIMED RUN/WALK & 1 MILE FUN RUN/WALK

**Saturday, October 28, 10:00 am Start**

Support services that help rebuild lives after brain injury.

Individual, Team and Sponsor/Donor/Exhibitor Forms at [www.abin-pa.org](http://www.abin-pa.org).

**COSTUMES ENCOURAGED FOR ALL!**

*Awards, Raffle, Refreshments, Paved Trails, Leashed Canines Welcome*

Schedule	Location	Registration
9:00 Check-in, race day sign-up	Norristown Farm Park	\$20 – if received by October 7
10:00 5K Timed Run/Walk Starts	Pavilions near Parking Lot #3	(T-Shirts Guaranteed)
10:40 1 Mile Fun Run/Walk	2500 Upper Farm Road	\$25 - October 8 thru October 25
11:00 Awards, Raffle	East Norriton PA 19403	\$30 - October 26 thru Race Day

**5k Awards:** 1st Male & Female Overall, plus top 3 M & F in 14 & Under, 15-19,20-29, 30-39, 40-49, 50-59, 60+

**Timing & Online Registration by Pretzel City Sports**

*RAIN OR SHINE: No refunds if cancelled for unsafe conditions.*

### REGISTER NOW ONLINE OR BY MAIL

**Race Online Registration:** go to [www.pretzelcitysports.com](http://www.pretzelcitysports.com) thru Wednesday, 10/25.

**Mail-In Registration:** Print from [www.abin-pa.org](http://www.abin-pa.org) or copy this form for each participant. Complete form, make check payable to ABIN-PA & mail both to: ABIN-PA, P. O. Box 830, Lansdale PA 19446.

Early Registration received by October 7th guarantees a T-shirt.

**Sponsorship Forms:** Go to [www.abin-pa.org](http://www.abin-pa.org) to print sponsorship forms –

return by October 21st to qualify as the best Individual or Team Fundraiser.

**SELECT ADULT SIZE:** S\_\_ M\_\_ L\_\_ XL\_\_ XXL\_\_. **SELECT EVENT:** 5K Timed Run/Walk\_\_ or 1 Mile Fun Run/Walk\_\_

**SELECT AMOUNT:** Early Registration (by October 7th) \$20\_\_ Oct.8-25 \$25\_\_ Oct.26-28 \$30\_\_ Check # \_\_\_\_\_

NAME \_\_\_\_\_ ADDRESS \_\_\_\_\_ Age on 10/28 \_\_\_\_\_

Please print.

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_ PHONE \_\_\_\_\_ Birthdate \_\_\_\_\_

EMAIL \_\_\_\_\_ Male\_\_ Female\_\_ Team Name? \_\_\_\_\_

**Waiver/Release:** I hereby waive all claims against ABIN-PA, the race director, race officials and volunteers, any and all sponsors, Norristown Farm Park, East Norriton Township and Montgomery County and those in their employ, and all their representatives and successors from any injury or liability I might suffer in this event. I attest that I am physically fit and prepared for this event. I assume all risks associated with running, walking, volunteering, attending or participating in this event including, but not limited to: falls, contact with other participants; the effects of the weather; and the conditions of the trail or road; all such risks being known and appreciated by me. I grant full permission for organizers to use my name and/or pictures in any and all legitimate accounts and promotions of this event.

Signature X \_\_\_\_\_ (Parent/guardian if under 18 years old) Date \_\_\_\_\_

**Acquired Brain Injury Network of Pennsylvania, Inc.**

**Contact info: [info@abin-pa.org](mailto:info@abin-pa.org), [www.abin-pa.org](http://www.abin-pa.org) or 888-308-3848**

ABIN-PA is a 501(c)(3) Pennsylvania nonprofit corporation. Contributions are tax deductible. The official registration and financial information of the Acquired Brain Injury Network of Pennsylvania, Inc., may be obtained from the Pennsylvania Department of State by calling toll free, within Pennsylvania, 1 (800) 732.0999. Registration does not imply endorsement.