

PJ Whelihan's 10 Miler/5k



Saturday October 28, 2017 10:00am in Oaks PA.

LOCATION/REGISTRATION: PJ Whelihan's in Oaks PA. Registration/number pickup at PJ's located at 180 Mill Road Oaks PA 19456. Race Day beginning at 8:45am. Race starts and finishes in front of restaurant mostly run on the very flat and paved Schuylkill River Trail. Out and back course for both races.

AMENITIES: All register Runners will receive Commemorative Glassware, One Free Beer and One Free Appetizer Your choices will be Chicken Quesadilla, Cheesesteak Eggrolls or Chicken Fingers. Time clock at finish and instant results. Race will be run rain or shine. **No refunds or Mailed awards.** Results on www.pretzelcitysports.com in 1-2 days.

AWARDS FOR BOTH Races: Awards for 1ST Male & Female plus top 3 M & F in 14 & Under, 15-19, 20 -29, 30-39, 40-49, 50-59,60-69,70 and over.

ENTRY FEE 10 MILER: \$40 if postmarked by October 8 includes Glassware Afterwards, including race day, \$45; Glassware based on availability. If a Member of the Sly Fox Track Club, those prices are \$35 by 10/8; \$40 afterwards.

ENTRY FEE 5K- \$30 if postmarked by October 8 includes Glassware. Afterwards including race Day \$35; Glassware based on availability. If a member of Sly Fox Track Club those prices are \$25 by 10/8 and \$30 afterwards.

Sly Fox Track Club Membership is \$25 Annually. You will receive discounts on all of our races.

Optional Online Registration Available at www.pretzelcitysports.com
(nominal service fee applies, closes at midnight, Wednesday prior to Race)

MAIL CHECK PAYABLE TO "Sly Fox Track Club" c/o Chris Bayless 1339 Lynn Drive Pottstown, PA 19464
484/941-1952/ Email: Slyfoxtrackclub@gmail.com

.....Please Print Clearly.....

Last name _____ First name _____

Address _____

City/State _____ Zip _____ Race day age: _____ Date of birth ____/____/____

Sex: M F Phone: (____) _____ A.M. or P.M.??

email _____@_____

I will be competing in the (Circle One) 10 Miler 5k

Already Getting Emails from Pretzel City Sports Regularly?? _____ Yes _____ No

WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic on the course and assume the risk for running in traffic. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the affects of the weather and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Pretzel City, Sly Fox Brewery, SFTC, SR Trail Association, PJ Whelihan's and any subcontractors it utilizes, all municipalities in which the race is held, the race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown. I HAVE READ AND UNDERSTAND THIS WAIVER: (if under 18, legal guardian must sign)

Signature _____ Date ____/____/ 20____

PJW 10 Miler