

“UGLY MUDDER”

**6.5 MILE TRAIL RUN, READING, PA
SUN, FEB 26, 2017**11 A.M.**NO ENTRY LIMIT**

Every family has one; that Cousin that seems to “prove” the rumor that, years ago, Aunt Clara (in a drunken stupor) had a one night stand with Sasquatch. Or that Sister whose “kisser” is so mishapened that it appears that to help her out of the womb, they used salad tongs that they squeezed so tight that she now has eyes like a flounder. Or that Uncle with a unibrow so big that it could be used by Donald Trump along the Rio Grande to keep the “illegals” out. Or the Niece with a “honker” so huge that it looks like she took up the trombone. These relatives always heartlessly get pushed to the back row or outside spot in every family photo, which should make one wonder; where do they place YOU during such group shots??!. Here at Pretzel City Sports, we have trails in the woods that we use for our events that fit this description; they’re so ugly that if they were trying to “get a taker” on Match.com, we’d have to photoshop them till our fingers bled. Amazingly, these trails are so close to each other that some 14 years ago, we were able to link them all end to end to create the Ugly Mudder Trail Run. The trails that make up the Ugly Mudder are the ones too rocky, overgrown, undulating, muddy or littered to be used in most of our other races. They should not be use in ANY race. Yet, we have NO problem running you over them at least once a year via the Ugly Mudder, just for fun (ours, not yours!) . If you’re lucky, they may even be covered with 15 inches of snow like they were last year so they don’t look NEARLY as ugly to you as they do the rest of the time. This course has hills, downed logs, debris, rocks & roots, discarded condoms & underclothing, deer dung and urban relics throughout. But at the same time, it has a great post race party with a free breakfast and music, funny signs along the way to ease your pain, unusual aide stations with equally unusual beverages, gruff volunteers going thru menopause (including some of the men), great course markings and other niceties that has made this, on several occasions, one of the 5 largest rustic trail runs in the entire country & the largest East of the Mississippi. Come join the 300-600 people each year that refuse to be let nipple-hardening temperatures turn them into wimps, the Religious Right or QVC shoppers. **LEGAL B.S: You RUN AT YOUR OWN RISK & you alone are responsible for your welfare at all times while racing!!** We firmly suggest that you do not fall in this race, since the ground is hard as a rock in Feb; in part, because much of it IS rock! But if you do, remember that we only pick up banged up bodies at aide stations accessible by car. So, crawl to one so we can “aide” you. You won’t get lost unless you are geographically hopeless but if you do, ask a local how to get to Stokesay Castle and then call Uber; the Liederkrantz is right next door. Since this is a mid-level challenge, you must be 1)18 or older (16 & 17 yr olds OK with a parent present-no exceptions) 2) not color blind; so you can differentiate the white arrows on our red course marks and 3) a person that can do the “two-finger tissue” maneuver during a winter run without getting any on the person behind you. Or your bib either, since WE have to touch that when (and if) you cross the finish line!

REGISTRATION/ENTRY: Reading Liederkrantz German Singing & Sports Club, 140 Spook Lane (off of Hill Rd), Reading, PA (same place as most PCS events). Reg. opens at 9:45 a.m., race at 11 (approx.). Fee is \$34 w/ long sleeve cotton shirt if postmarked by Wed, Feb 8. Afterwards, \$39 while shirts last (inc. day of race), \$32 when gone. FEW extra shirts are printed than those ordered by prereg entries! If you fail to pre-enter, the only "picture" you may have of an "Ugly Mudder" may be the picture of you with a mullet from the 70's. Even if you register in the post-reg period but before raceday, you're almost surely guaranteed a shirt of your preferred size (on-line reg on the pretzelcitysports.com site will close at Midnight of the Wed before the race). We race in & on rain, ice, snow, bitter cold and frozen snot, so the chance of postponement is SUPER-slight! If we DO have suspect conditions, check www.pretzelcitysports.com's home page or call 610-779-2668 after 6 AM raceday ONLY if roads are pretty much impassable that day (not just a little “sub-par”). **An email will be sent to all runners on our eblast list too, the minute we make a decision but if we only have your work email, you're screwed. If postponed, it will be held on the following Sunday; same time, same place, better weather.** No refunds, no mailed shirts or awards; no whiners, no crybabies & no one that thinks that snow half way to your butt crack (as in the last 2 years) constitutes un-runable conditions. 'Cause we proved that it can be run in, just REALLY, REALLY slowly!

YOU GET: Long sleeve cotton T-shirt with a memorable design, hot breakfast, indoor reg. & toilets, post race munchies, suds/chilled Jaegermeister/strange Germanic meats available for purchase, WELL marked course, 2 water stops, live music, finish place posted immediately & results on www.pretzelcitysports.com on the first business day after the race, unique aide stations & other surprises not yet finalized. Breakfast tickets can be bought at registration for your peeps!

TONS OF AWARDS: M & F 1st and 2nd Overall + Top M & F Masters (40 & over) +:
16-29: 5M, 5F 30-39: 5M, 5F 40-49: 5M, 5F 50-59: 5M, 5F 60-67: 4M, 3F 68+: 2M,2F

DIRECTIONS FROM : PHILLY: IMPORTANT: DO NOT USE MAPQUEST DIRECTIONS FROM PHILLY! Instead, take Rt. 422 West from King of Prussia. Just before Reading, at the new **TARGET/LOWES/GIANT** on your right, bear right onto Bus. Rt. 422, marked "Mt. Penn"; **DON'T** follow sign to Reading **** Go 3 miles until road splits at A CVS. 300 yds later, JUST PAST a Restaurant on your right, take right onto Glen Rd (COMES ON YOU QUICK, sign missing, ROAD RIGHT BEFORE BRIDGE). At end of Glen, turn right and then take your next right just 50 yards ahead. Or follow the signs to Stokesay, the Liederkrantz driveway is right next to it.**

YORK/LANCASTER: Rt. 222 N to Reading. Follow it to Rt. 422 East bypass around Reading. Exit at Mt Penn. Take a left, go 3 lights to Bus. Rt. 422. Take a left, follow the Philly directions above after the astrisk **.

ALLENTOWN: Take Rt. 222 S, merge onto Rt. 422 East (Reading/Pottstown). Go around Reading and exit at Mt Penn. Go left, go 3 lights to Bus. 422W. Take left, follow Philly directions after asterisks **.

LEBANON: Take Rt. 422 East. Just past Berkshire mall, bear right onto Rt. 422E. Continue on bypass past Reading to Mt Penn exit. Take left, go 3 lights to Bus.422W. Go left, follow Philly directions above after asterisks **.

COAL REGION: Take Rt 61 South onto Rt 222 Bypass, follow same directions above listed in "Allentown"

BALTIMORE: Rt 83 North to Rt 30 East at York to Rt 222N at Lancaster. Follow Lancaster directions above.

GPS/Tom Tom INPUT: 143 Spook Lane, Reading, PA 19606 or "Spook Lane & Hill Rd" or "Hill Rd & Glen Rd".

Bring extra shoes for inside & the drive home!

Registration on www.pretzelcitysports.com not required but always encouraged!

(small service fee applies, closes at midnight on Wed the week of the race)

Check Payable to & mailed (with waiver) to: Pretzel City Sports, 112 W. 36th St., Reading, PA 19606. Ugly Head: Ron Horn, rhornpcs@aol.com, www.pretzelcitysports.com or 610-779-2668 (but not during Survivor, Biggest Loser, Amazing Race, Tosh.0 or any Eagles game (inc. post-game commentary)). Normal Office Hours: M-F 8 am till 1 pm

While the course is "ugly", your printing should be anything but!***Ugly Mudder App May be duplicated***

First name _____ Last name _____

Address _____

City _____ State _____ Zip _____ Sex: M F Race day age: _____ Date of birth ____/____/____
(must be 18 or more)

Long Sleeve Cotton Shirt Size: XS S M L XL 2X Phone: (____) _____ A.M. or P.M. ? (circle one or both)
(circle one)

Email: _____ @ _____ Already Get Run UpdateEmails? ____ Yes ____ No
(if checked regularly)

WAIVER: I know that running a trail race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic, hazards, debris and poor footing on the course and assume the risk for running on it. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the affects of the weather, getting lost, wildlife & insect attacks and all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Pretzel City Sports, all municipalities in which the event is held, the race director, course officials, all other organizations directly or indirectly associated with the race, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown. By entering this race, I am granting permission to Pretzel City Sports to use any pictures or likenesses of me secured at the event in any way they see fit without review, restriction or compensation. **BY SIGNING THIS, I ATTEST THAT I HAVE READ AND UNDERSTAND THIS WAIVER :**

Signature _____ date ____/____/20____

Insurance Provided by Road Runner Clubs of America (R.R.C.A.)