

Pottstown Downtown Improvement District Authority (PDIDA) Presents its 3rd Annual

5K RACE to THE MARKET

THURSDAY JUNE 29, 2017 6:30 PM POTTSTOWN, PA

LOCATION: Riverfront Park, 140 College Dr., Pottstown, PA 19464 Registration opens at 5:30 PM

COURSE: Trail run, pavement flat and primarily straight but has some turns. You will run up to the halfway point where there will be people directing you to turn around and run back over the bridge. Once crossing the bridge there will be someone directing you to go on the gravel path where you will end at the pavilion.

AWARDS: Top M and F overall and top 3 M & F in each of the following age groups:

0-14 15-19 20-29 30-39 40-49 50-59 60+

ENTRY: If postmarked by June 9, 2017; \$20 for ages 18 & above, \$15 for ages 10 through 17, \$5 for kids 9 and below. Includes a guaranteed shirt in the size you order, except for those 9 and under (due to the reduced price and no kids sizes offered). After June 9th, including raceday, \$25 for ages 18 & above, \$20 for ages 10 through 17, \$10 for kids 9 and below. Again, other than those 9 and below, includes a shirt while supplies last.

Optional online registration available at <https://www.pretzelcitysports.com/onlineform1.php?id=1151>
(Nominal service fee applies, closes at midnight, the Tues before race day)

MAKE CHECKS PAYABLE TO: Pottstown Downtown Foundation.

MAIL CHECKS & FORM BELOW TO: 238 E High St – Suite 203A - Pottstown, PA 19464.

Race Director: Torry Dugan, dugan@susqu.edu or Sheila Dugan, sheiladugan@comcast.net

Facebook page: PDIDA 5K RUN

Last name _____ First name _____

Address _____ City _____ State _____ Zip _____

Sex: M F Race day age: _____ Date of Birth ____/____/____

Shirt Size (circle one) : S M L XL XXL Phone: (____) _____

Email: _____@_____

WAIVER / HOLD HARMLESS CONTRACTUALL AGREEMENT: By signing this Contractual Agreement I acknowledge the fact that participating in the PDIDA 5K Run is a potentially hazardous activity and that I am competing with full knowledge of all potential risks and injuries. I will not enter and race unless I am medically able and properly conditioned and trained for the level of competition that I aspire to. I also know that although some safety protection via course officials will be provided, there can be many hazards on the course route. I also assume any and all other risks associated with this event including but not limited to falls, contact with other participants, the effects of weather, including high heat or humidity, the condition of the trail and all risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry, I hereby for myself, my heirs, executors, administrators, or anyone who might claim on my behalf, covenant not to sue, and waive, release and discharge Pottstown Downtown Foundation, its volunteers and employees, Officials of the event and any other sponsors or associated organizations including their; Emergency Radio Systems; Race Officials, Volunteers, or any of the employees, agents, assignees, or anyone acting on their behalf, from any and all claims or liability for death, personal injury or property damage of any kind or nature whatsoever arising out of, or in any way related to, my participation in this event known as the PDIDA 5K Trail Run. All costs incurred for medical assistance, be it ambulance, hospital, etc., is my sole responsibility and my financial liability. The release and waiver included in this Contractual Agreement extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown. The undersigned further grants full permissions to the race organizers, sponsors, producers and directors and or agents authorized by them to use any photographs, videotapes, motion pictures, sound recordings, or any other record of this event for any purpose, be it promotional for remuneration to the aforementioned parties, without financial or other compensation or royalties to the event participant named herein. I also acknowledge that I am signing this Contractual Agreement and am competing for consideration of medals, awards and or prizes as named of the event. Applicants understanding and agreeing to this Waiver / Hold Harmless Contractual Agreement as specified herein and the rules of the event and decisions of race officials should sign the entry form on the space provided below.

I HAVE READ AND UNDERSTAND THIS WAIVER: (if under 18, legal guardian must sign)

Signature _____ date ____/____/ 2017