

# 2023 Greater Lehigh Valley SCADaddle 5K Run/Walk



The 2023 Greater Lehigh Valley SCADaddle 5K Run/Walk benefits research on Spontaneous Coronary Artery Dissection (SCAD). SCAD is a little known and poorly understood cause of a heart attack. Most patients are young, healthy women who do not have the typical risk factors of heart disease. SCAD is the #1 cause of heart attacks in women under age 50, pregnant women and new moms. Although less common, it can affect men too. Research is needed to identify the cause(s) and the best treatment options. Proceeds raised will be given to the Mayo Clinic (Rochester, MN) for research.

**WHEN: Saturday, September 30, 2023 at 10:00AM.**

\* Registration opens at 8:30AM; 5k Run/Walk starts at 10:00 AM, rain or shine!

**WHERE:** Upper Saucon Township Community Park; 3231 Preston Ln, Center Valley, PA 18034. The park is a kid and a leashed dog friendly park. We encourage families to participate.

**HOW:** Register online by August 25<sup>th</sup> to guarantee this year's t-shirt!

Online registration only is available at <https://tinyurl.com/PASCAD2023>

Online registration closes September 29<sup>th</sup>.

Registration for participants 12 and older is \$35.00.

Children 6-11 is \$20.00, children 5 and under are free.

Race day registration is available and follows the pricing above.



\* If you are not able to participate but would like to donate you can donate by going to the website above to register and click donate now on the right column.

**INDIVIDUAL AWARDS:** Awards will be given to the First, Second, and Third place male and female finishers, and the top three male and female finishers in the following age groups: 11 and under; 12-15; 16-19; 20-29; 30-39; 40-49; 50-59; 60-69; 70+

Feel free to stay after the race to **enjoy food, opportunity drawings, and fun!**

**QUESTIONS:** For any questions please contact Kayla Karan at (610)573-3068 or [kayla.edelman@gmail.com](mailto:kayla.edelman@gmail.com)

SCAD Research, Inc. (SRI) is a 501(c)(3) non-profit organization.

