

Outdoor Adventure Challenge

VIRTUAL RACE



VIRTUAL Diakon OAC

SEPTEMBER 12-19, 2020

REGISTRATION

5K Run/Walk Registration + T-shirt Pick Up:
 960 Century Drive Mechanicsburg noon to 6 pm on Sept. 10.
 All Ages \$20.00 – \$15 after Aug. 21

5K Run/Walk Registration + T-shirt Shipped
 All Ages \$28.00

Registrations after Aug. 21 will not receive a t-shirt

Participants can report times to:
 maggiewonsick@comcast.net by 11:59 pm on Sept.20.
 A list will be posted shortly after that date.

MAIL CHECK PAYABLE TO "DIAKON" WITH THE FORM BELOW TO: DIAKON, Development Office, One S. Home Avenue, Topton, PA 19562 or REGISTER ONLINE AT: www.diakon5k.org.

Name _____

Address _____ City _____ State _____ Zip _____

Age (on Race Day) _____ Email Address _____ Phone No. _____

5K Run/Walk Registration + T-shirt Picked Up—All Ages \$20.00

5K Run/Walk Registration + T-shirt Shipped—All Ages \$28.00

5K Run/Walk Registration after Aug. 21 - no t-shirt - \$15

Sex: M F Youth T-Shirt: XS S M L XL Women's T-Shirt: XS S M L XL XXL Men's T-Shirt: S M L XL XXL

Please charge to: Mastercard Visa Card # _____ Exp. Date _____

Credit cardholder name _____ 3-digit security code _____

WAIVER: I know that running a trail run with other activities as part of that race (as in adventure races, mud runs, etc.) is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic, hazards, debris and poor footing on the course and assume the risk for running on it. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, obstacles both natural and manmade that are incorporated into the race, the effects of the weather, getting lost, wildlife & insect attacks and all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Diakon/Pretzel City Sports, all municipalities in which the event is held, the race director, course officials, all other organizations directly or indirectly associated with the race, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown. By entering this race, I am granting permission to Pretzel City Sports/Diakon to use any pictures or likenesses of me secured at the event in any way they see fit without review, restriction or compensation. BY SIGNING THIS, I ATTEST THAT I AM AT LEAST 18 YEARS OLD AND THAT I HAVE READ AND UNDERSTAND THIS WAIVER.



SIGNATURE _____

DATE _____