

PENNSYLVANIA COLLEGE

of HEALTH SCIENCES

proudly presents the

WHO

Calling all runners! Gather your family and friends for the second annual Pennsylvania College of Health Sciences' 5K Scrub Run/Walk!



5K

WHEN

Saturday, September 14, 2019
Registration pick-up begins at 7:30 a.m. The race begins at 9 a.m. and an awards ceremony will follow immediately after.

WHERE

The 5K race will begin at Pennsylvania College of Health Sciences (850 Greenfield Road, Lancaster, PA 17601) and weave throughout the Greenfield Corporate Center. Free parking is available at the College for race participants.

HOW TO REGISTER ONLINE

To register, complete the race application online with Pretzel City Sports (www.pretzelcitysports.com) and remit payment. **All participants must register online in advance - there will be no race day registration.** Online registration closes at midnight on Sept. 11.

COST

\$25 registration (including a race t-shirt and goodie bag); \$30 after 8/31/19. A nominal service fee applies.

AWARDS

Awards will be given to the following groups: first overall male and female, and top three male and top three female in age groups 15-19, 20-29, 30-39, 40-49, 50-59 and 60+. Additionally, door prizes using runner numbers will be randomly drawn following the race. Must be present to win.

ABOUT PA COLLEGE

A dynamic and academically rigorous institution, Pennsylvania College of Health Sciences is a private, accredited, four-year college focusing exclusively on the field of health care. Offering associate, bachelor's, master's and doctoral degree programs, as well as a number of certificate programs, PA College provides professional development for health care workers throughout their career. Located in Lancaster, Pennsylvania, the College attracts a select group of more than 1,800 students to study with faculty who are experts in their specialty areas. For more information, visit www.PACollege.edu.



Questions? Contact Stephanie Ellis, Race Director, at CampusLife@PACollege.edu.