## **DONNER DASH 5k RUN/WALK**

## **Presented by** The New Cumberland Fire Department

Saturday, December 7, 2019 9:00 A.M.

WHO: Runners/Walkers of all ages. Gather your family, friends and co-workers. The course is stroller accessible. No pets allowed. WHAT: The Donner Dash is a fund raiser for the New Cumberland Fire Department. Feel free to show off your Reindeer Spirit!! WHEN: Saturday, December 7, 2019 9:00am - 5K Run/Walk begins WHERE: New Cumberland Borough Park – located at Front Street & Geary Avenue New Cumberland HOW: To register, complete the form below and submit a \$25.00 check/money order to: New Cumberland Fire Department by November 10, 2019 to receive a DONNER DASH 5K Shirt. The fee for entries received after November 10, 2019 is \$30.00. T shirts will be given to late entries while supplies last. Size will be honored to the best of ability but may be substituted. Same day registration will be available from 7am – 8:45 am. Optional Online Registration Available https://www.pretzelcitysports.com (Nom. Serv. fee applies, online reg. closes at midnight 12/4/2019) PACKET PICK UP: Friday December 6, 2019 Noon to 6pm at New Cumberland Fire Department RESULTS: Timing service by Pretzel City Sports. Race results will be posted on www.pretzelcitysports.com This is NOT a chipped run. AWARDS: 10 AM. Awards at finish line. You must be present to win. Awards given to the top three Male & Female finishers in each age group as well as top overall Female and Male. (overall finishers not eligible for age division awards) 14 & under, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 plus. RACE COORDINATOR CONTACT INFO (717) 443-2609 Email Irbbuster@gmail.com Refreshments will be provided for all race participants after the race REGISTRATION: New Cumberland Fire Department- Complete this portion. Detach and mail. Include \$25.00 early registration fee before November 10, 2019. Late registration fee \$30.00. Checks payable to New Cumberland Fire Department. Mail to: 319 4th Street New Cumberland, SHIRT SIZE \_\_\_\_S \_\_\_\_ M \_\_\_\_L \_\_\_XL \_\_\_\_ 2XL PA 17070 Name Address \_\_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Phone \_\_\_\_\_ \_\_\_\_\_\_ Date of Birth \_\_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_

WAIVER/RELEASE: I hereby waive all claims against the race director, race officials and volunteers, any and all sponsors including, but not limited to New Cumberland Fire Department, those in their employ, and all their representatives and successors from any injury or liability I might suffer in this event. I attest that I am physically fit and prepared for this event. I assume all risks associated with running in this event including, but not limited to: falls; contact with other participants; the effects of the weather, including high heat and/or humidity; and the condition of the road; all such risks being known and appreciated by me. I grant full permission for organizers to use my name and or pictures in legitimate

SIGNATURE:	Date	

CIRCLE EVENT: 5k Runner 5k Walker

E-Mail Address