



# Gifts From Gwyn

Presents the **7th Annual Gifts From Gwyn 5K Run and 1 Mile Fun Walk Sunday November 5<sup>th</sup>, 2023 at Falls Township Community Park, Levittown PA at 9:30 AM**

**LOCATION/REGISTRATION:** Race start and registration located in Falls Township community Park – 9050 Mill Creek Rd, Levittown, PA 19055, Registration opens at 8:15 AM. 5K Race starts at 9:30 AM. Followed by the “Fun Walk” at 9:45 RAIN OR SHINE NO REFUNDS.

**COURSE:** The 5K course is a beautiful run around Falls Township Community Park. It is a flat, and fast course if you are looking for a PR before the end of race season this is the course for you. The 1 Mile Fun Walk is a non-timed event that follows the first ½ mile of the 5K and then turns back. The “Fun Walk” allows everyone to be a part of this event regardless of age or fitness level. The 5k is professionally timed by Pretzel City Sports.

**AMENITIES:** Gifts From Gwyn T-Shirts and wrist band guaranteed to all participants that **register by October 20th, 2023**. Additional shirts will be available while supplies last. Multiple door prizes, as well as Refreshments available to all participants. Sport’s tickets, basket of cheer and many other raffles available, as well as food truck. Tons of parking right at registration. Awesome playground for the kids, pavilions and picnic areas.

**AWARDS:** Awards for the top male and female finishers. Awards for the top 3 male and 3 female finishers in the following age groups: 14 and under, 15-19, 20-29, 30-39, 40-49, 50-59 and 60+. You must be present to accept your award. No awards will be mailed.

**ENTRY:** Registration fee is \$30.00 for all runners and participants, registered by November 2nd, 2023. Registration fee goes up to \$35.00 for all runners and Fun Walk Participants registering after November 2<sup>nd</sup>, 2023. Online registration is available at [Giftsfromgwyn.org](https://www.pretzelcitysports.com/online-registration/) or <https://www.pretzelcitysports.com/online-registration/>. Online registration closes Thursday November 2<sup>nd</sup> at Midnight. Online registration is preferred. All major credit cards accepted.

**Questions:** Contact Michael Rivells Cell: (610)-331-3451 Email: Rivells@aol.com for any additional information needed.

**GENERAL DIRECTIONS FOR ALL:** Falls Township Community Park is located in Levittown, Pa on Mill Creek Road just past Rt. 13. The address is 9050 Mill Creek Rd, Levittown, PA 19055

**Mail check payable to Gifts from Gwyn along with attached registration form and waiver to 12 Greenway Circle, Fairless Hills, PA 19030. \*\*Online registration is preferred. All major credit cards are accepted. \*\***

.....Please Print Clearly.....

Last name \_\_\_\_\_ First name \_\_\_\_\_

Address \_\_\_\_\_

City/State \_\_\_\_\_ Zip \_\_\_\_\_ Race day age: \_\_\_\_\_ Date of birth / \_\_\_\_\_

Race (circle one): 5K Run 1 Mile Walk Sex: M F Phone: ( ) \_\_\_\_\_

Shirt Size (circle one): (youth) S M L (adult) S M L XL XXL

email \_\_\_\_\_@\_\_\_\_\_

**WAIVER:** I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there may be traffic on the course and assume the risk for running in traffic. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the effects of the weather and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Falls Township Community Park, Gifts From Gwyn and any subcontractors it utilizes, all municipalities in which the race is held, the race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown. I HAVE READ AND UNDERSTAND THIS WAIVER: (if under 18, legal guardian must sign)

Signature \_\_\_\_\_

date \_\_\_\_\_