



THE 10th ANNUAL KTA TRAIL CHALLENGE

REGISTRATION FORM

September 8, 2018

START TIME: 7:00 AM (50K), 9:00 AM (25K)



Full name:		
Street:		City:
State:	Zip:	Contact Phone:
Email (for confirmations, alerts and updates):		
<input type="checkbox"/> Check if you do not wish to be added to KTA's mailing list (We never rent or sell your information)		
Emergency Contact:		Emergency Contact Phone:
<i>This will only be used in the event of an emergency on your behalf. We will not save their contact information after September 10th.</i>		
T-Shirt (Unisex): S [] M [] L [] XL [] XXL []		
Age on Event Day:		Male [] Female []
COURSE SELECTION & ENTRY FEE (Please enclose check or money order*, payable to Keystone Trails Association):		
[] 25K	Before July 1: \$55 []	July 1 – September 5: \$65 []
[] 50K	Before July 1: \$80 []	July 1 – September 5: \$95 []
*Prefer to use a credit card? Register online at www.pretzelcitysports.com (nominal service fee applies).		
Note: Registration will close at 11:59 PM on Tuesday, September 4. NO event-day sign-ups.		

Liability Waiver

In consideration of your acceptance of my application for participation in the KTA Trail Challenge, I, for myself, my heirs, executors, administrators and assigns, waive and release any and all claims for damages, for death, personal injury or loss of property I may have, or which may accrue to me as a result of my participation. I discharge and release the Keystone Trails Association, Commonwealth of Pennsylvania, the KTA Trail Challenge organizers, and its respective agents, committee(s), and any other involved employees, volunteers and representatives from all liability arising out of or connected in any way with my participation in the KTA Trail Challenge whether or not caused by the negligence of any of the above parties.

I acknowledge that there are inherent risks and dangers that may arise at any time during the KTA Trail Challenge. My participation is voluntary and is done at my own risk. I voluntarily assume all risks of loss, damage or injury that may be sustained while participating in the KTA Trail Challenge. I attest that I am physically fit and sufficiently trained for the completion of this event. I understand and agree that medical or other services rendered to me by or at the insistence of any of the above parties is not an admission of liability to provide or to continue to provide any such service and is not a waiver of any of said parties of any right hereunder. I understand that serious accidents occasionally occur during hike/run events and that participants in the KTA Trail Challenge may sustain mortal or serious injury as a consequence thereof. Nevertheless, I agree to assume those risks and to release and indemnify and hold harmless all the persons mentioned above who might otherwise be liable to me (or my heirs of assigns) for damages, of whatsoever kind or nature.

I attest the equipment and clothing I will use in this activity is in good condition, and that I have the experience and ability to complete the activity safely. I understand that proper equipment in good condition can prevent serious injury. I agree to abide by the rules of this event as established by the KTA Trail Challenge Committee and to obey the directions of the event officials. I hereby grant full permission to the event organizers, committee(s), volunteers, and any other involved parties of the foregoing to use photographs, videotapes, motion pictures or any other record of this event, including my name, likeness and/or voice for any legitimate purpose.

I understand that this event has a No Refund policy. I also understand that it is the policy of the Keystone Trails Association not to refund entry fees in the event of that an act of God or nature forces a cancellation of the KTA Trail Challenge.

I have read, understood and agree to the Liability Waiver on this form. **Note: All unsigned entries will be returned.**

X

Participant's Signature Required

Date

(Parent/ guardian, please sign if participant is under the age of 18 on September 10, 2018)

Mail completed form and payment to:

KEYSTONE TRAILS ASSOCIATION

46 E Main St, Mechanicsburg, PA 17055

717.766.9690

For more information, please visit www.kta-hike.org or e-mail jneville@kta-hike.org

Keystone Trails Association's

10th Annual

KTA Trail Challenge

September 8, 2018



We invite you to accept our challenge: complete a 50k (or 25k) trail run (or hike) within 12 (or 10) hours. The course follows the Susquehanna River, guiding you through scenic vistas and steep climbs along State Park trails (25k) and the Conestoga Trail (50k) in Lancaster County, and the Mason-Dixon Trail System in York County. The event will take place rain or shine.

F.A.Q.

WHEN? Saturday, September 8th, 2018

WHAT TIME? 50k starts at 7:00am, 25k starts at 9:00am, all participants must finish by 7:00pm

WHERE? 50k starts at Pequea Creek Campground, 25k starts at Susquehannock State Park. The finish line is in Otter Creek Campground.

HOW DO I REGISTER? If paying by check or money order, complete the registration form (over). If paying by credit card, sign up online at www.pretzelcitysports.com (service fee applies).

HOW MUCH DOES IT COST? Before July 1st, the 25k registration is \$55, and the 50k registration is \$80. Between July 1st and September 4th, 25k registration is \$65 and 50k registration is \$95.

WHAT DOES THE REGISTRATION FEE COVER? A long-sleeved tech t-shirt, a finisher medallion, snacks & drinks at checkpoints along the course staffed by volunteers. At the finish line, enjoy a catered meal before your bus ride back to the start. It also goes to aiding preservation of your local trails by supporting KTA.

WHEN'S THE LAST DAY I CAN REGISTER? September 4th is the last day registrations can be accepted. Period.

CAN I CAMP THERE THE NIGHT BEFORE? Yes! Pequea Creek Campground and Otter Creek Campground fill up fast, so reserve your spot and tell them you're doing the KTA Trail Challenge to get a good deal! The Hampton Inn of York will also discount a block of rooms for participants. Visit kta-hike.org for more information.

WHAT SHOULD I WEAR? Dress in light layers, plan what to bring based on the forecast (one year it was 95°, another year we had flash floods), and wear broken-in, durable shoes with good traction.

WHAT SHOULD I BRING? Extra clothes, snacks for along the way, a large container for water. You might also consider hiking poles.

CAN MY CREW SUPPORT ME ALONG THE COURSE? Yes, you can do this supported, but parking and access to the checkpoints cannot be guaranteed – volunteers get first priority, and no checkpoints have physical addresses.

STILL HAVE QUESTIONS? Go to kta-hike.org and click on "KTA Trail Challenge" to read more in depth about the event. We hope to see you on September 8!