

## About A Baby's Breath



Our mission is to "help a mother to see her child take his/her first breath." Our greatest reward has been to witness mothers and fathers receiving their precious gift of life.

Some of our services include:

- Free pregnancy testing, ultrasounds, & counseling
- GED training / tutoring
- Parenting classes
- Chastity counseling
- Pre-natal classes
- Housing center

Through your generosity, we have been able to expand our outreach efforts. Our all-volunteer staff depends on you to help them help these women, children, and families.

If you would like to volunteer at **A Baby's Breath**, please contact us.

### **A Baby's Breath**

2062 W. Main Street, Jeffersonville, PA 19403  
610.630.9630

78 Second Ave., Collegeville, PA 19426  
610.489.0083

121 N. Wayne Avenue, Suite 102, Wayne, PA 19087  
484.580.6436

65 W. Street Rd., Warminster, PA 18974  
267.275.4097

152 Church St., Phoenixville, PA 19460  
610.933.5182

[www.ababysbreath.org](http://www.ababysbreath.org)

## Directions to Norristown Farm Park

Enter at Germantown Pike and Barley Sheaf Drive, East Norriton, PA.

### Questions?

Call Dorothy Swedkowski at 610.316.6281

**A Baby's Breath**  
**2062 W. Main Street**  
**Jeffersonville, PA 19403**



**Saturday, April 13, 2019**

Registration	7:30 AM
1 Mile Fun Run/Walk	9:00 AM
5K Run	9:30 AM
Awards	10:30 AM

**Come Run, Walk, or Wheel at**

**Norristown Farm Park**  
**2500 Upper Farm Road**  
**Norristown, PA**

**Rain or Shine**

**Sponsored by:**

**JJ WHITE INCORPORATED**  
**Gimpel Software**



**KNIGHTS**  
**OF COLUMBUS**

VALLEY FORGE CHAPTER

Waiver: In consideration of the acceptance of the entry, I, the undersigned intending to be legally bound hereby for myself, my heirs, executors, administrators, and personal representatives, hereby waive and release any and all rights and claims for damages, illness, or losses which I have or which may occur to me against all race officials, and all organizations conducting or involved in this event including but not limited to A Baby's Breath, East Norriton Township and any or all of their employees, agents, representatives, successors and assigns that may result from my participation in said event. Further, I hereby grant full permission to the aforementioned persons or organizations and to use my name and/or photo in newspaper, videotape, or any other record or account of the event for any purpose whatsoever.

Name \_\_\_\_\_ Sex \_\_\_\_\_ Age on 4/13/19 \_\_\_\_\_ T-shirt ADULT: S M L XL XXL  5K  1 Mile

Name \_\_\_\_\_ Sex \_\_\_\_\_ Age on 4/13/19 \_\_\_\_\_ T-shirt ADULT: S M L XL XXL  5K  1 Mile

Name \_\_\_\_\_ Sex \_\_\_\_\_ Age on 4/13/19 \_\_\_\_\_ T-shirt ADULT: S M L XL XXL  5K  1 Mile

Name \_\_\_\_\_ Sex \_\_\_\_\_ Age on 4/13/19 \_\_\_\_\_ T-shirt ADULT: S M L XL XXL  5K  1 Mile

CHILD: S M L XL XXL  
ADULT: S M L XL XXL  
Family rate includes 2 shirts. Additional shirts are \$5.00 each

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Phone \_\_\_\_\_

Signature \_\_\_\_\_ Please indicate team or group affiliation \_\_\_\_\_

If under 18, parent or guardian must sign.

**Make checks payable to & mail to:**  
**A Baby's Breath**  
**2062 W. Main Street**  
**Jeffersonville, PA 19403**

## Pledge List

Go the extra mile for life and **A Baby's Breath** and get sponsors for your run today! Sponsors may either pledge to donate a lump sum for the race, or pledge for each mile you complete. Return this pledge list along with the money collected to the Pledge Table at the Run for Life. Make checks payable to **A Baby's Breath**.

**Add to the fun! Invite your sponsors to the run!**

Participant's Name	SPONSORS
_____	_____
(Name)	(Amount)
_____	_____
(Name)	(Amount)
_____	_____
(Name)	(Amount)
_____	_____
(Name)	(Amount)
_____	_____
(Name)	(Amount)
_____	_____
(Name)	(Amount)
_____	_____
(Name)	(Amount)

A prize will be awarded to the runner who raises the most money for **A Baby's Breath**.

## Please join us for our Annual Run for Life

### Registration

T-shirts are guaranteed if pre-registered by April 1, 2019

- Adults – \$25
- Children under 18 – \$15
- Family – \$40 (includes 2 t-shirts; extra shirts, \$5.00 each)

**DAY OF RACE REGISTRATION – 7:30 AM**

T-shirts available while supplies last.

- Adults – \$30
- Children under 18 – \$20
- Family – \$45 (includes 2 t-shirts as available; extra shirts, \$5.00 each)

A non-refundable check or money order made payable to **A Baby's Breath** must accompany your registration and is to be mailed to 2062 W. Main Street, Jeffersonville, PA 19403

Registration is also available online at [www.ababysbreath.org](http://www.ababysbreath.org).

For additional information, contact Dorothy Swedkowski at 610.316.6281 [budswed@verizon.net](mailto:budswed@verizon.net) or visit our website at [www.ababysbreath.org](http://www.ababysbreath.org)

### Prizes & Categories

A \$50 cash award will be given to the top male and top female finisher in the 5K race. Medals will be awarded to the top three males & females in each age group.

#### 5K Age Groups

10 & under	11-14
15-19	20-29
30-39	40-49
50-59	60 & over

Awards will be given to the top 15 finishers, 14 & under, in the 1-mile Fun Run. All children participating will receive a participation award.