

Pretzel City Sports, Reading, PA presents the 8th annual

“Dumb Dutchman” Half Marathon & “Half A Half” (6.55M) Races

Saturday, June 10, 2023**8:30 a.m. start for both
Trooper Thorn's Irish Beef House, Rt. 10, Reading, PA

*Region's flattest, fastest & “best value” 13.1M race plus one of the
FEW “Half a Half” road races in the nation!*

Rail Trail course - 85% packed cinder surface & 15% paved -virtually no traffic!

They're in fields all over PA all summer; the Pennsylvania Dutch working in the blazing heat while wearing long pants & long sleeve shirts. Often, they farm or build structures without using motorized or electric devices, using only horse drawn plows or hand tools. Some call these Dutchmen “industrious, hardy, hardworking, etc.” Others think that they're just plain “dumb!” We in Berks Co. are proud to be “Dumb Dutchmen” and we think that it's right to name our race after us (and them) since the only other folks that go out & work that hard in the heat are runners! Come join us for the ONLY June half that we know of, or PR in the more sensible 6.55M race, a distance so rarely run that you PR just by doing it. Then, enjoy the day on the deck of Berks Co.'s BEST Irish pub & eatery, with your first cold one on US!!

LOCATION & WHAT YOU GET: Trooper Thorn's Irish Beef House, 451 Morgantown Rd. (Rt 10), Reading, (1/2 mile south of Lancaster Ave exit of the Rt. 422 Reading Bypass). Reg. opens at 7:30 AM; both races start together at 8:30. Clock at finish, light refreshments, instant results, **A FREE BEER & HOT BREAKFAST WITH EACH ENTRY IN EITHER RACE**, finisher award for all half finishers (some may have to be mailed if the # of finishers exceeds our preliminary estimate), door prizes for each race, 6.55M ceremony not delayed till end of half, loads of street parking nearby, short sleeve tech shirt to all prereg & post reg while they last, wide starting area, GREAT post-race atmosphere, results posted at finish and on pretzelcitysports.com the 1ST business day after the race, at the latest.

Optional Online Registration Available at www.pretzelcitysports.com
(nominal service fee applies, closes at midnight, the Wednesday before race day)

Check Payable to & Mailed to (with waiver): Pretzel City Sports, 112 W. 36th St., Reading, PA 19606
Dumbest Dutchman: Ron Horn, rhornpcs@aol.com , 610-779-2668, www.pretzelcitysports.com

Last Name _____ First Name _____

Address _____ City _____ State _____ Zip _____

Sex: M F Race Day Age _____ Date of Birth ____/____/____ Unisex Tech Shirt Size: S M L XL 2X
(circle size)

Email _____ Already on Pretzel City Email List? ___ Yes ___ No

Tel:(_____) _____ Distance: Half Marathon 6.55M (Circle distance)

Clydesdale ___ Yes ___ No Clydesdale entries ONLY eligible for Clydesdale awards, NOT age group awards
Dumb Dutchman App may be duplicated. Sign waiver on back

FASTEST HALF IN THE REGION!! First 4.7M of the Half Marathon course is repeated at the END of the race-your peeps can see you twice in mid-race & at the finish without leaving the starting line. **98% OF THE COURSE IS FLAT**, many sections are shaded. 85% of the course uses an 8-10 ft. wide crushed cinder trail; rest is paved bike trail. Starts/Finishes right behind Trooper Thorns. Half crosses Schuylkill River bridges 10 times, half a half course crosses them 4 times. 2 short rises on the course. 5 water stops planned for the Half, 2 for the half a half. First 2+ miles of the "Half a Half" runs in the opposite direction of the Half to minimize course crowding.

AWARDS: Half Marathon: Top two male and female overall and top M & F master (40+) plus:
19 & und: 2M, 2F 20-29: 4M, 4F 30-39: 4M, 4F 40-49: 4M, 4F 50- 59: 4M, 4F 60-67: 3M, 3F,
68+: 3M, 3F Clydesdale: 3M, 3F

6.55M Half a Half: Top male and female overall plus:
19 & und: 3M, 3F 20-29: 3M, 3F 30-39: 3M, 3F 40-49: 3M, 3F 50-59: 3M, 3F 60-67: 3M, 3F
68-74: 3M, 3F 75+: 3M, 2F Clydesdale: 3M, 3F

Clydesdale Qualification: : Men: minimum of 210 lbs. or 185 if 5 ft., 9 inches tall or less. Women: minimum of 160 lbs., 140 if 5 ft., 4 inches tall or less. Honor system, no scale on site. **MUST** select the Clydesdale designation **BEFORE** the race begins. Clydesdale's not eligible for age group awards.

FEE: with shirt: \$52 for the Half and \$38 for the "half a half" if postmarked by Wed, May 24. After that date, including raceday, \$57 for the Half and \$43 for the 6.55M race, while shirts last. **without shirt:** \$47 for the Half and \$33 for the "half a half" if postmarked by Wed, May 24. After that date, including raceday, \$52 for the Half and \$38 for the 6.55M race. Held rain or shine. Course is stroller friendly. Dogs in the Half discouraged due to the limited width of the course AND the average temperatures that time of year. No refunds. No mailed shirts or awards. No finisher awards for the "half a half". **PLEASE NOTE:** Because of their higher price & the fact that they are ordered from California, **VERY FEW EXTRA SHIRTS WILL BE ORDERED. SO WE STRONGLY SUGGEST YOU PRE-ENTER.** Shirts ONLY guaranteed for those entering by the price change date. **NOTE: UP TO & INCLUDING RACE DAY, ANYONE ENTERING THE HALF MARATHON MAY DROP DOWN TO THE "HALF A HALF" INSTEAD, BUT WITH NO REFUND OF THE FEE DIFFERENCE.** Cash or check only accepted for entry on raceday.

DIRECTIONS TO TROOPERS: Take the Rt 422 bypass around Reading. Take the Lancaster Ave exit and go UNDER the bypass. You'll be turning AWAY from the river that the bypass goes along. IMMEDIATELY after you turn, you'll see the previously named Queen City diner (now closed) on your left, TURN LEFT just before the diner; this will put you on Rt 10. Go approx ½ mile down Rt 10, Troopers will be on your left side, just next to a big grassy field. GPS'ers: Use 451 Morgantown Rd, Reading, PA. It may give you a shorter way to get there if approaching from the South. **IMPORTANT! DO NOT PARK IN THE PARKING LOT OF THE SUB SHOP NEXT DOOR! THEY'LL HAVE YOU TOWED**

Course Records

Half Marathon: Andrew Foxenberg, Kirkville, NY 1:16:46 (2020)
Valerie Westphal, Pennsburg, PA 1: 23:08 (2020)

Half a Half (6.55M): Aiden Konetsky Reading, PA 42:56 (2022)
Vivian Case, Douglassville, PA 46:14 (2019)

WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic on the course and assume the risk for running in traffic. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the affects of the weather and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Pretzel City Sports, any subcontractors & facilities it utilizes, all municipalities in which the race is held, the race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown. By entering this race, I am granting permission to Pretzel City Sports to use any pictures or likenesses of me secured at the event in any way they see fit without review, restriction or compensation I HAVE READ AND UNDERSTAND THIS WAIVER: (if under 18, legal guardian must sign)

Signature _____ date ____/____/2023
Parent must sign instead if under 18 years old Insurance by R. R. C. A.