

Taco Trot 5k

Wed Night, May 22, 2019 * 7 PM* 3 Tacos with Each Entry

Jim Dietrich Park, Muhlenberg Twp, Reading, PA

**SEE HOW FAST YOU CAN RUN THE SHIVER COURSE
WITHOUT WEARING 14 LBS OF CLOTHING!**

Faster Food & Drink Service Afterwards Guaranteed in 2019

The 2nd annual Taco Trot 5k on the traditional Shiver by the River course has returned. Come run this familiar course with a LOT less clothing on and see just how fast you can run it in normal running weather. Then, take the 3 tickets you get and choose any combination of the 3 types of Tacos we'll be serving, including 1 vegan or vegetarian option (not sure which yet). You can EVEN pay a few bucks and have the commemorative pub glass we'll give you **filled with some cold brew purchased from our bartenders from Trooper Thorns, serving remotely at the park.** Come out & do your best impersonation of Speedy Gonzales, while having a great night out with your running buds & others who feel you can NEVER get enough Tacos. **FASTER FOOD/DRINK SERVICE GUARANTEED IN 2019!**

LOCATION: Jim Dietrich Park, 4899 Stoudt's Ferry Bridge Rd, Reading, PA, just north of where Stoudt's Ferry Rd crosses Rt 222N (the road to nowhere). Home of the Shiver by the River Series. Just west of Temple, PA

AWARDS: Top M & F overall plus: 14 and under: 3M, 3F, 15-19: 3M, 3F, 20-29: 3M, 3F, 30-39: 3M, 3F, 40-49: 3M, 3F, 50-59: 3M, 3F, 60-67: 3M, 3F, 68+: 2M, 2F, Top Overall Clydesdale: 1M, 1F, Open Clyde: 2M, 2F, Master Clyde (40 yrs old +): 2M, 2F **Clydesdale Qualification: men must be 210 lbs. +, women must be 160 lbs. +**

FEE: \$28 if postmarked by Fri, May 10, w/soft style T-shirt, 3 Tacos and a custom pub glass printed especially for this event. After that, \$33 while shirts last and with pub glasses while they last, lower price when either runs out. People wanting the pub glass SHOULD enter by 5/10 since VERY few extras will be printed. There will be other post race fare in addition to Tacos, instant results, plenty of parking, covered pavilion, cash bar, door prizes, well marked course.

Optional Online Registration Available at www.pretzelcitysports.com

(nominal service fee applies, closes at midnight, the Mon before race day)

Check Payable to & Mailed to (with waiver): Pretzel City Sports, 112 W. 36th St., Reading, PA 19606

Head Hombre: Ron Horn, rhornpcs@aol.com, 610-779-2668, www.pretzelcitysports.com

Last Name _____ First Name _____

Address _____ City _____ State _____ Zip _____

Sex: M F Race Day Age _____ Date of Birth____/____/____ Short Sleeve Soft Style T- Shirt Size: XS S M L XL XX

Email _____ Already on Pretzel City Email List? ___ Yes ___ No

Clydesdale? ___ Yes ___ No Tel:(_____)_____

WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic on the course and assume the risk for running in traffic. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the affects of the weather and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Pretzel City Sports, any subcontractors & facilities it utilizes, all municipalities in which the race is held, the race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown. By entering this race, I am granting permission to Pretzel City Sports to use any pictures or likenesses of me secured at the event in any way they see fit without review, restriction or compensation I HAVE READ AND UNDERSTAND THIS WAIVER: (if under 18, legal guardian must sign)

Signature _____ date ____/____/____

Parent must sign instead if under 18 years old Taco Trot App may be duplicated. Insurance by R. R. C. A.