

Hero's 5k

& 1 mile kids race

Saturday September 22, 2018 9:00 A.M

"Celebrating the sacrifices of Fire, Police and EMS"

All proceeds benefit the Kutztown Fire Truck Crew

LOCATION: Kutztown Fire Company Station 46, 310 E Nobel Street, Kutztown PA 19530. Regist./ number pickup opens at 8:00 a.m. 5k starts at 9:00 a.m., 1 mile kids race starts at 9:45 a.m.

COURSE: Great, scenic course in a great town, Fire trucks at all mile markers and fire, police and EMS trucks and cars to see and explore.. Clock at finish, refreshments, mile splits, instant results. Rain or shine. No refunds or mailed awards.

AWARDS: 5K: Separate awards for the male and female winners and runner-ups plus:

14 & under: 3M, 3F 15-19: 3M, 3F 20-29: 3M, 3F 30-39:3M, 3F 40-49: 3M, 3F 50-59: 3M, 3F 60-69: 3M, 2F 70+: 1M

1M Kids Race for 12 yrs old & under: Top 3 Males & Females overall

Note: Kids participating in both the 5k & fun run must enter twice

ENTRY: 5k: \$25 if postmarked by 9/08/2018. After that date and including race day \$30 while shirts last. \$20 when gone. 1 Mile Kids Run: For Children 12 & Under. \$5 if postmarked 9/08/2018. After that date and including race day \$7. Race day registration for kids run to be **CLOSED** once we have as many kids entries as we have grab bags so preregister if possible. Also, shirts are not included due to reduced fee.

Optional Online Registration available at www.pretzelcitysports.com

(Nominal processing fee applies, closes at midnight, the Wed. of race week)

RACE DIRECTOR: Keith Miller: kmiller221977@gmail.com more info at [our facebook page](#).

MAKE CHECK PAYABLE TO "Kutztown Fire Truck Crew"

MAIL CHECK& FORM BELOW TO: PO Box 241, Kutztown PA 19530

Last name _____ First name _____

Address _____ City _____ State _____ Zip _____

Circle one: 5K 1M Sex: M F Race day age: _____ Date of birth ____/____/____

Shirt Size (circle one) : S M L XL Phone: (____) _____ A.M. or P.M.??
circle one or both

Email: (print clearly) _____

Already getting Pretzel City emails regularly? Yes No **WAIVER:** I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic on the course and assume the risk for running in traffic. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the affects of the weather and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Pretzel City Sports, Kutztown Fire Truck Crew, any subcontractors it utilizes, all municipalities in which the race is held, the race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown. By entering this race, I am granting permission to Pretzel City Sports to use any pictures or likenesses of me secured at the event in any way they see fit without review, restriction or compensation. I HAVE READ AND UNDERSTAND THIS WAIVER: (if under 18, legal guardian must sign)

Signature _____ date ____/____/ 20__