



Jake Freeman Memorial 5K/1 mile walk

**Core Creek Park, Langhorne, PA
Saturday August 17, 2019
9:00AM 5K / 9:15 AM 1 Mile Walk**



WHO: Runners and walkers of all ages. Gather your family, friends and co-workers. The course is stroller and wheelchair accessible.

WHAT: The Jake Freeman Memorial 5K run/1 mile walk is a fundraiser for the [Jake Thomas Freeman Memorial Fund](#) at the Children's Hospital of Philadelphia to raise money for research surrounding Birth Asphyxia.

WHY: Birth Asphyxia is a serious complication during the birthing process that can lead to Cerebral Palsy and/or death. Jake Freeman died from this condition 31 hours after his birth.

WHERE: Core Creek Park in Langhorne, PA. The course will begin and end at the Dog Park.

WHEN: Saturday, August 17, 2019
8:00 a.m. – Registration
9:00 a.m. – 5K Race begins
9:15 a.m. – 1 mile walk
10:00 a.m. – Award presentation at finish line

ADDRESS:
• Core Creek Park is located at 262 Tollgate Road
Langhorne, PA 19047. Next to Dog Park

HOW: Complete the form below and submit appropriate amount. Check/Money order payable to the Children's Hospital of Philadelphia with the memo "Jake Freeman Memorial Fund"

5K and Walk Entry Fee: Ages 9 and above: \$30 if registered by July 28th includes a dri-fit Race shirt. The fee for entries received after July 28th, including Race Day, is \$35. T-shirts available while they last. Children 8 & under are free but require registration.

Optional Online Registration Available at
<https://www.pretzelcitysports.com/online-registration/>
(Nominal service fee applies, closes midnight, August 14th)

5K AWARDS: Awards will be presented to Overall Male and Female 5K Champion plus top 3 M/F finishers in each of the following age brackets: 14 and under, 15-19 years, 20-29 years, 30-39 years, 40-49 years, 50-59 years, 60+ years.

RESULTS: Finish line and timing service by Pretzel City Sports. Race Results posted on www.pretzelcitysports.com

QUESTIONS: Call Jodi or Jeff Freeman at 267-229-2478 or 484-919-7337 or can email at jodifreeman@alumni.psu.edu.

WEBSITE: www.jakefreemanmemorial5k.org

REGISTRATION: Jake Freeman Memorial 5k Run/1 mile Walk Complete this portion. Detach and mail. Include \$30 early registration fee by July 28th. Late registration fee \$35. Kids 8 & under are free but require registration for waiver purposes (T-shirt not included for Kids 8 and Under). Additional T-Shirts are \$15 each. All checks made payable to "The Children's Hospital of Philadelphia" and write "Jake Freeman Memorial Fund" in memo portion. Donations are welcome to those who cannot attend and can be sent to the address below or submitted online at [Jake Freeman Memorial Fund](#)

Name _____ Address _____
Please print

City _____ State _____ Zip _____ Age (on Race Day) _____

Gender: Male Female Event (circle one): 5K RUNNER 1 mile WALKER

Phone _____ E-mail address _____

T-shirt size (circle one)
Youth L M S
Adult S M L XL XXL

WAIVER/RELEASE: I hereby waive all claims against the race director, race officials and volunteers, any and all sponsors including, but not limited to the Jake Freeman Memorial Foundation, Langhorne, CHOP, the Counties of Bucks, and all their representatives and successors from any injury or liability I might suffer in this event. I attest that I am physically fit and prepared for this event. I assume all risks associated with running in this event including, but not limited to: falls; contact with other participants; the effects of the weather, including high heat and/or humidity; and the condition of the road; all such risks being known and appreciated by me. I grant full permission for organizers to use my name and or pictures in legitimate accounts and promotions of this event.

Signature X _____ Date _____
(Parent or guardian's signature if less than 18 years of age.)

**Please make checks payable to "Children's Hospital of Philadelphia," and note "Jake Freeman Memorial Fund" in the memo. Mail to:
The Freemans, P.O. Box 1385, Morrisville, PA 19067**