

Please Join the Graduate Students of Lehigh University at the Second Annual



Register Here!

LUGS 5K

19 Apr
Starts at 10am

Support
Academic
Research

\$30
Entry

See Back for Details

The Lehigh Valley is home to a growing population of budding scientists receiving graduate training at Lehigh University. Within the labs and offices at Lehigh, our graduate students are working hard to produce impactful research that will influence new solutions to today's problems. To bring our discoveries to the forefront of the scientific community, Lehigh graduate students must showcase their research on a global stage. However, most graduate students in the Lehigh Valley fall below the poverty line and are often unable to afford travel to research conferences to communicate with other scientists. As such, the Lehigh University graduate students are asking for your help so that we can attend conferences and foster new collaborations that will lead to novel discoveries.

When? Sunday, April 19, 2020

Time? Registration Begins at 8:30am, 5K Begins at 10am, fun walk begins at 10:05 am

Where? Lehigh University's Mountaintop Campus

[GPS Address: 111 Research Drive, Bethlehem PA, 18015]

Course Conditions? South Mountain road race. Fast, downhill start with rolling hills and scenic views.

Registration? • If paying by check or money order, complete the registration form below. • Online registration is available at Lehigh's Marketplace [<https://tinyurl.com/2020LUGS>]

How Much? 5K Run: \$30 1 Mile Fun Walk: \$15 (follow link on 5K marketplace)

Deadline? Early registration deadline is April 3, 2020 at 11:59pm. After 4/3 5K is \$35 and the fun run is \$20

Swag? • Participants receive a T-shirt, goodie bag, and post-race refreshments. • Post-race raffle drawing • Registrants after April 3rd are not guaranteed a T-shirt for both the walk and the run.

Awards? • Overall top 3M&F • Age groups awards to top 3 M&F 14&under, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+ • Must be present at awards ceremony to receive your award!

Race Administrator? Michael Mfarej [inLUGS5K@lehigh.edu]

Please make check payable to & mailed to Lehigh University, 217 W Packer Ave, Bethlehem, PA 18015

First/Last Name (Print) _____

Address _____

City _____ State _____ Zip _____

Race Day Age _____ DOB _____ Male Female Other

Email _____ Phone Number _____

Adult T-Shirt Size: S M L XL Circle One: 5K Run 1-Mile Walk

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic on the course and assume the risk for running in traffic. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the effects of the weather and conditions of the roads, all such risks being known and appreciated by me, knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, heirs, executors, administrators, or anyone else who might claim on my behalf, covenant not to sue, and waive, release, and discharge, LUGS 5K, Lehigh University, any subcontractors & facilities it utilizes, all municipalities in which the race is held, race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone associated in any way with the race, from any or all claims or liability for death, personal injury, or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event. This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown, by entering this race, I am granting the LUGS 5K and Lehigh University to use any pictures or likeness of me secured at the event in any way they see fit without review, restriction or compensation. I HAVE READ AND UNDERSTAND THIS WAIVER. (if under 18, legal guardian must sign).

Signature _____ Date _____