

Special Soles 5K Run/Walk & Kids 1/4 Mile Fun Run

Saturday November 3, 2018

WHO: Runners of all ages. Gather your family, friends, teammates, and co-workers. School teams welcome (discount for participants 18 and under!). Walkers are also invited to participate using the same course.

WHAT: The Special Soles 5K is a fundraiser for the Carbon Lehigh Special Needs Children's Foundation which benefits the students served by the Carbon Lehigh Intermediate Unit #21.

WHERE: The CLIU #21 Transportation Center which is located at 4850 W Mountain View Drive, Walnutport, PA 18088. The course will begin near the property entrance; do 2 laps around the property, zigzag around the bus maze as you pass posters students made to encourage you on, and finish near the CLIU #21 sign on Mountain View Drive.

WHEN:

Saturday, November 3rd, 2018
8:00 a.m. – Registration begins
9:30 a.m. – 5K Run/Walk begins
10:15 a.m. – Kids Fun Run (1/4 Mile)
10:30 a.m. – Award presentation at finish line

RESULTS: Finish line and timing service by Pretzel City Sports. Race results posted on www.pretzelcitysports.com

AWARDS: Unique wooden award plaques and \$25 will be presented to Overall Male and Female Champion. Wooden plaques also presented to top three (3) Male and three (3) Female finishers in each of the following age brackets: 14 and under, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, and 70+ years. Small town race – great opportunity to place! All participants also receive a t-shirt and are entered to win raffle prizes!

REFRESHMENTS: Free water and bananas provided to all runners and walkers. Other food and beverages available for purchase.

HOW: Optional Online Registration Available at www.pretzelcitysports.com (nominal service fee applies, closes at midnight, the Wednesday before race day), OR complete the form below and submit a \$20 (\$15 for 5k participants 18 and under) check/money order to the Carbon Lehigh Special Needs Children's Foundation, Attn. Jeanine D'Souza, 4210 Independence Drive, Schnecksville, PA 18078 by October 15th to receive a Special Soles 5K T-shirt. The fee for entries received after October 15th including Race Day is \$25 (\$20 for participants 18 and under), T-shirts while supplies last. Size requests will be honored to the best of our ability but size may be substituted. Registration will also include a raffle ticket for various prizes.

Race questions: 610-769-4111 ext. 1676 zumab1@cliu.org

REGISTRATION: Special Soles 5K Optional Online Registration Available at www.pretzelcitysports.com (nominal service fee applies, closes at midnight, the Wednesday before race day) Or Complete this portion. Detach and mail. Include \$20 early registration fee before October 15th (\$15 if 5k participant is 18 or under). Late registration fee \$25 (\$20 if 5k participant is 18 or under). Kid's fun run is FREE with mail-in registration; online registration carries a nominal service charge at pretzelcitysports.com.

Select: 5K Run/Walk _____ Kids ¼ Mile Fun Run _____

Name _____ Address _____

Phone _____ City _____ State _____ Zip _____

E-mail address _____ Age (on Race Day) _____ Male _____ Female _____

T-shirt size (circle one)
Youth S M L
Adult S M L XL XXL

WAIVER/RELEASE: I hereby waive all claims against the race director, race officials and volunteers, any and all sponsors including, but not limited to CLSNCF, CLIU #21, the Boroughs of Walnutport, Lehigh Township, and those in their employ, the Counties of Carbon, Lehigh, and, Northampton, and all their representatives and successors from any injury or liability I might suffer in this event. I attest that I am physically fit and prepared for this event. I assume all risks associated with running in this event including, but not limited to: falls; contact with other participants; the effects of the weather, including high heat and/or humidity; and the condition of the road; all such risks being known and appreciated by me. I grant full permission for organizers to use my name and or pictures in legitimate accounts and promotions of this event.

Signature X _____ Date _____

(Parent or guardian's signature if less than 18 years of age.)

Please make checks payable to Carbon Lehigh Special Needs Children's Foundation. Mail to: Carbon Lehigh Special Needs Children's Foundation, Attn. Jeanine D'Souza, 4210 Independence Drive, Schnecksville, PA 18078.