

Pancake Pursuit 5K and 1 Mile Fun Run/Walk

Presented by the Coventry Christian School

WHEN: Sat. October 12, 2019 ~ Registration Opens at 7:45 a.m. ~ 5k & 1 Mile Fun Run This includes a Pancake Breakfast!!
Starts at 9:00 AM

WHERE: The race begins/ends at Coventry Christian Schools, 699 N. Pleasantview Rd. Pottstown, PA 19464

WHY: To support academics, athletics, and the arts

REGISTER by September 24, guaranteed a t-shirt. 5k & 1 Mile Fun Run/Walk: Individual \$25, Family \$80

After September 24th, including race day: Individual \$30, Family \$100. T-Shirts available while supplies last.

https://pretzelcitysports.com/curtm/events.php?action=edit&Event_ID=1461

Register online

(Nominal service fee applies, closes at midnight, Wed before race)

Online Registration is not available for Family Registrations.

5k AWARDS: Top 3 male and female overall and top three male and female by age division: (7 and under, 8-10, 11-14, 15-19, 20-29, 30-39, 40-49, 50-59,60+)

Both the well trained athlete and the nervous first timer will find something they love about the course, the people, the awards, the food, THE PANCAKES!!

Most importantly, all proceeds from the race will be used to support need-based scholarships for Coventry Christian Schools. 1 Mile Fun Run is not timed and is open to all ages. Questions? ShannonBrown@educatingforlife.com or 610-496-6508 Checks payable to: Coventry Christian Schools, 699 N. Pleasantview Rd. Pottstown, Pa 19464

Name _____ Age: _____ Sex: _____ Circle Event: 5K 1M
 Street _____ City, _____ State _____
 Zip _____ Phone _____ Email _____ If a family, list
 family members below including age, sex, shirt size and circle event :
 _____ Age _____ Sex _____ Shirt _____ 5k/1M Waiver Signature _____
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 _____ Age _____ Sex _____ Shirt _____ 5k/1M Waiver Signature _____
 _____ Age _____ Sex _____ Shirt _____ 5k/1M Waiver Signature _____

ALL RUNNERS MUST READ AND SIGN: In consideration of being allowed to participate in this event sponsored by Coventry Christian Schools (CCS), and intending to be legally bound, the undersigned acknowledges and fully understands that each participant will be engaging in this activity that involves risk of injury, which might result not from his/her own actions, inactions or negligence of others, or the conditions of the premises. Further, that there may be other unknown risks or risks not reasonably foreseen at this time. Hereby, for myself, my heirs, my executors, and administrators, I do waive and release any and all claims against Coventry Christian Schools, volunteers, sponsors, owners, and tenants of the premises for any injuries that may be incurred by me at this event. I acknowledge that I am in good physical condition for this event and am fully insured for any injury or illness that may occur during this event and give permission for use of my name and/or picture in publicity related to this event. The undersigned has read the above waiver and release and understands that all substantial rights have been given up in voluntarily signing it. _____ Signature (Parent/legal guardian if under 18)
 (Additional Family Members - must be signed individually above (or Parent /legal guardian if under 18)