

# “UGLY MUDDER”

13K TRAIL RUN, READING, PA

SUN, FEB 24, 2019\*10 A.M. (EARLIER START THAN IN PAST) \* NO ENTRY LIMIT

We've all done it. You see a friend who has just had a baby. And you say to them "Oh, he (or she) is SO cute!!" When, in fact, the child has a face that makes E.T. look like Brad Pitt. A face that would not only "stop a clock" but also an alien invasion, a bank robbery or an infestation by locust. A face that made the Doctor think twice about which end they should smack to make the baby breathe. For not EVERY baby is all that cute and some are downright UGLY!! Babies have misshaped heads, bloated faces, snot faucets with no turnoff valve and a wail that is like 10 fingernails on a blackboard; and yet we tell the parent they are a Mona Lisa in diapers. The same holds true with trails. Every trail in Trail Runner Magazine or Runners World has scenic vistas, beautiful forests, pristine waterways and a trail as smooth as a baby's butt. Well, believe it or not, not every trail looks like a tour of Tahoe, Moab, Big Sur or Crested Butte. There are a TON of trails with bad footing, poor scenery, foreboding hills, downed logs and rocks galore. We should know because a MESS of them ended up in our Ugly Mudder Trail Run. The trails that make up the Ugly Mudder are the ones too rocky, overgrown, undulating, muddy or littered with used birth control devices to be used in most of our other races. They are best used by "Sherpas" and "Oxen", not trained athletes with pristine ankles and unscrapped knees. And yet, Pretzel City decided 16 years ago that it would be fun to see how "jocks" at breakneck speed would navigate this assortment of hills, downed logs, debris, rocks & roots, discarded household items, deer poop and urban relics. To offset this misery, Pretzel City Sports provides a bunch of "perks" during and after the race. It has a great post race party with a free breakfast, funny signs on trail to ease your pain, unusual aide stations with equally unusual beverages, cold volunteers that will treat YOU even "colder", great course markings & other niceties that has made this, on several occasions, one of the 5 largest rustic trail runs in the entire country & the largest East of the Mississippi. In fact, annually, 99.9% of its participants live to run another day so how hard can it be? Come join the 300-600 people each year that REFUSE to let ankle deep snow, sub-zero temps and a few rocks & roots turn them into mega-weenies, candybutts or, worst of all, "Dallas Cowboy Fans". **LEGAL B.S: You RUN AT YOUR OWN RISK & you alone are responsible for your welfare at all times while racing!!** You SHOULD finish this race unscathed other than from frostbite & snot frozen to your face. But if you DO get a boo-boo, crawl to an aide station so we can pick you up in a warm car. You also won't get lost unless you are directionally clueless, but again, if you do, ask someone how to Uber to Stokesay Castle; the finish is right next door. Since this is a mid-level challenge, people discouraged from coming are 1) those under 18 (16 & 17 yr olds OK with parent present-younger entries-contact the Director first) 2) people that thinks that an "overpass" qualifies as a "mountain" and 3) anyone who has EVER sent a birthday card to a dog, cat, camel or aquatic life (guppy, turtle, mako shark, etc).

**REGISTRATION/ENTRY:** Reading Liederkrantz German Singing & Sports Club, 140 Spook Lane (off of Hill Rd), Reading, PA (same place as most PCS events). **Reg. opens at 8:45 a.m., race at 10.** Fee is \$34 w/ long sleeve tech shirt if postmarked by Sun, Feb 10. Afterwards, \$39 while shirts last (inc. day of race), \$34 when gone. FEW extra shirts are printed than those ordered by prereg entries! If you fail to pre-enter, the only "picture" you may have of an "Ugly Mudder" may be the picture of you on your license or passport. Even if you register in the post-reg period but before raceday, you're almost surely get a shirt of your preferred size (on-line reg on the pretzelcitysports.com site will close at Midnight of the Wed before the race). We race in & on rain, ice, snow, bitter cold and frozen digits, so the chance of postponement is SUPER-slight! If we DO have suspect conditions, check [www.pretzelcitysports.com](http://www.pretzelcitysports.com)'s home page or call 610-779-2668 after 6 AM raceday ONLY if roads are pretty much impassable that day (not just a little "sub-par"). **If postponed, an email will be sent to all runners on our eblast list too, the minute we make a decision but if we only have your work email, you're screwed. If postponed, it will be held on the following Sunday; same time, same place, better weather.** No refunds, no mailed shirts or awards; no whiners, no crybabies & no one that thinks that snow half way to your butt crack (as in years past) constitutes un-runnable conditions. 'Cause we proved that it can be run in, just REALLY slowly! Also, bring extra shoes for going inside! **ATM on site; usually works.**

**YOU GET:** Long sleeve tech shirt with a memorable design, hot breakfast, indoor reg. & toilets, post-race munchies, WELL marked course, 2 water stops, finish place posted immediately & results on [www.pretzelcitysports.com](http://www.pretzelcitysports.com) on the first business day

after the race, unique aide stations & other surprises not yet finalized. Breakfast tickets can be bought at registration for your peeps! Suds/chilled Jaegermeister/strange Germanic meats available for purchase.

**TONS OF AWARDS:** M & F 1<sup>st</sup> and 2nd Overall + Top M & F Masters (40 & over) +:  
0-29: 4M, 4F 30-39: 4M, 4F 40-49: 4M, 4F 50-59: 4M, 4F 60-67: 4M, 2F 68+: 2M, 1F  
Top Clydesdale: 1M, 1F Open Clydes 39 & under: 2M, 2F Master Clydes 40 and over: 2M, 2F Clyde Weight Minimums: 210 for men, 160 for women. **NOTE: YOU CAN ONLY REQUEST TO ENTER CLYDESDALE ON RACE DAY; WE'LL MARK IT ON YOUR BIB ONCE YOU DO. WE DON'T ALLOW IT IN ADVANCE SINCE WHO KNOWS HOW MUCH YOU'LL LOSE THRU THAT "AFTER THE HOLIDAYS" DIET!**

**DIRECTIONS FROM : PHILLY: IMPORTANT: DO NOT USE MAPQUEST DIRECTIONS FROM PHILLY!** Instead, take Rt. 422 West from King of Prussia. Just before Reading, at the new **TARGET/LOWES/GIANT** on your right, bear right onto Bus. Rt. 422, marked "Mt. Penn"; **DON'T** follow sign to Reading **\*\* Go 3 miles until road splits at A CVS. 300 yds later, JUST PAST a Restaurant on your right, take right onto Glen Rd (COMES ON YOU QUICK, sign missing, ROAD RIGHT BEFORE BRIDGE).** At end of Glen, turn right and then take your next right just 50 yards ahead. Or follow the signs to Stokesay, the Liederkrantz driveway is right next to it.

**YORK/LANCASTER:** Rt. 222 N to Reading. Follow it to Rt. 422 East bypass around Reading . Exit at Mt Penn. Take a left, go 3 lights to Bus. Rt. 422. Take a left, follow the Philly directions above after the astrik \*\*.

**ALLENTOWN:** Take Rt. 222 S, merge onto Rt. 422 East (Reading/Pottstown). Go around Reading and exit at Mt Penn. Go left, go 3 lights to Bus. 422W. Take left, follow Philly directions after asterisks \*\*.

**LEBANON:** Take Rt. 422 East. Just past Berkshire mall, bear right onto Rt. 422E. Continue on bypass past Reading to Mt Penn exit. Take left, go 3 lights to Bus.422W. Go left, follow Philly directions above after asterisks \*\*.

**COAL REGION:** Take Rt 61 South onto Rt 222 Bypass, follow same directions above listed in "Allentown"

**BALTIMORE:** Rt 83 North to Rt 30 East at York to Rt 222N at Lancaster. Follow Lancaster directions above.

**GPS/Tom Tom INPUT:** 143 Spook Lane, Reading, PA 19606 or "Spook Lane & Hill Rd" or "Hill Rd & Glen Rd".

**Registration on www.pretzelcitysports.com not required but always encouraged!**

(small service fee applies, closes at midnight on Wed the week of the race)

**Check Payable to & mailed (with waiver) to: Pretzel City Sports, 112 W. 36th St., Reading, PA 19606. Ugly Head: Ron Horn, [rhornpcs@aol.com](mailto:rhornpcs@aol.com), [www.pretzelcitysports.com](http://www.pretzelcitysports.com) or 610-779-2668 (but not during Survivor, Amazing Race or any Eagles game (inc. post-game commentary)). Normal Office Hours: M-F 8 am till 4 pm. Often here other hours too.**

While the course is "UGLY", your printing should be anything but!\*\*\*Ugly Mudder App May be duplicated\*\*\*Sign waiver below

First name \_\_\_\_\_ Last name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Sex: M F Race day age: \_\_\_\_\_ Date of birth \_\_\_\_/\_\_\_\_/\_\_\_\_  
(must be 18 or more)  
Long Sleeve Tech Shirt Size: S M L XL 2X Phone: (\_\_\_\_) \_\_\_\_\_ A.M. or P.M. ? (circle one or both)  
(circle one)  
Email: \_\_\_\_\_@\_\_\_\_\_ Already Get Run UpdateEmails? \_\_\_\_ Yes \_\_\_\_ No  
(if checked regularly)

**WAIVER: I know that running a trail race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic, hazards, debris and poor footing on the course and assume the risk for running on it. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the affects of the weather, getting lost, wildlife & insect attacks and all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Pretzel City Sports, all municipalities in which the event is held, the race director, course officials, all other organizations directly or indirectly associated with the race, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown. By entering this race, I am granting permission to Pretzel City Sports to use any pictures or likenesses of me secured at the event in any way they see fit without review, restriction or compensation. BY SIGNING THIS, I ATTEST THAT I HAVE READ AND UNDERSTAND THIS WAIVER :**

Signature \_\_\_\_\_ date \_\_\_\_/\_\_\_\_/20\_\_\_\_