



6th Annual Earth Day Hippie Run / Walk / Bike



Saturday, April 27, 2019

LOCATION: The race will be held on the D&L Trail starting at the Lehigh Outdoor Center, 123 Lehigh Drive, Lehigh, PA.

REGISTRATION: Registration begins at 8:30 a.m. Distance Bike Rides start at 9:30 a.m. 5k Run/Walk starts at 10:00 a.m

5k COURSE: FLAT, FAST wheel measured course on mostly shaded combination of blacktop street and rail trail.
Clock at finish, refreshments, mile splits, instant results. Rain or shine. No refunds or mailed awards.

BIKE COURSE: Flat combination of blacktop street and rail trail. Bikes will be available for rental at Lehigh Outdoor Center for participants. **(Helmets are required) Medals are NOT given for the Bike Rides**

5k RUN/WALK AWARDS: Medals for overall male and female winners **plus** Medals for 1st 2nd and 3rd in the following age groups:
14 & under, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69 and 70 Plus. **Prizes for Best Dressed Individual Hippie and Team.**

ENTRY FEE: 5K Run/Walk or Bike Rides: \$25.00 with shirt guaranteed if registered by **04/05/19**.
After that date and including race day entry fee is \$30.00. Shirts available while supplies last.

TEAM REGISTRATION: Team must consist of at least 3 members. \$20 each member if registered by 04/05/19 shirt guaranteed. After that date and including race day entry fee is \$25.00 each member. Shirts available while supplies last. Online Registration not available for team signups. All team registration forms with payments must be mailed in the same envelope.
Team name must be exact on all individual team registration forms.

Secure online registration available: <https://www.pretzelcitysports.com/online-registration/> (nominal fee applies, closes midnight, Wed. April 24, 2019)

There is no fee for scholarship candidates to participate!!! Please fill out the Registration Form to enter. To be a scholarship candidate you must currently be a graduating senior from a Carbon County High School or CCTI and a member of FBLA, DEKKA or in a business curriculum and continuing your education in a business field after graduation.

A portion of the proceeds benefit the CCEDC Business/Education Partnership Scholarship Fund

RACE DIRECTOR: Kathy Henderson, 570-778-8147 or email me at khenderson@carboncountychamber.org
*Checks payable to CCEDC. Please include the completed registration form and signed waiver
Mail or deliver to: Carbon Chamber and Economic Development Corp., 137 South Street, Lehigh, PA 18235*

First Name: _____ Last Name: _____

Address: _____ City: _____ State: ____ Zip: _____

Birth date: _____ Age: _____ Phone: _____ Scholarship candidate? Y ___ N ___

email: _____ Event (circle one) 5k Run/Walk **10k Bike** **20 Mile Bike**

Team Name _____ Adult - Unisex T-shirt size: ____ SM ____ MED ____ LRG ____ XL ____ XXL

Emergency Contact: Name: _____ Phone: _____

Already getting Pretzel City emails regularly? ___ Yes ___ No **WAIVER** I know that walking, running or cycling as part of the Hippie Run/Walk/Cycling event is a potentially hazardous activity, which could cause injury or death. I will not enter and participate unless I am medically able, and by my signature, I certify that I am medically able to perform this event and am in good health. I agree to abide by any decision of program officials relative to any aspect of my participation in this event, including the right of medical officials to deny or suspend my participation for any reason whatsoever. I attest that I have read the rules of the program and agree to abide by them. I voluntarily assume all risks associated with my participation in this event, including but not limited to: falls, contact with other participants, the effects of the weather, high heat and/or humidity, traffic and the conditions of parking to attend the race, and all other risks of injury, inconvenience, harm, loss, damage or death, all such risks being known and appreciated by me.

I understand that skateboards, roller skates or roller blades, animals, and personal music players are not allowed during the scheduled walk/run/cycling events and I will abide by all event rules. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I for myself, my heirs, executors, administrators, assigns and personal representatives, and anyone entitled to act on my behalf, waive, release and forever discharge the "The Hippie Run/Walk/Cycle", the Delaware & Lehigh National Heritage Corridor, The Lehigh Outdoor Center, Carbon Chamber & Economic Development Corp., Carbon County, the Borough of Lehigh, all event sponsors, along with their officers, contractors, employees, agents, representatives and successors from all claims or liabilities of any kind arising out of or connected in any way to my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

I grant permission to all of the foregoing to use my photographs, motion pictures, recordings or any other record of this event for any legitimate purpose.

Print Name: _____ **Signature** _____ **date** ____/____/ 20__