

KISSES FOR EB 10TH ANNUAL

Butterfly

5K & 10K

TRAIL RUN / WALK

SATURDAY - MAY 2, 2026

9AM

LANCASTER COUNTY PARK ~
SCENIC TRAILS



LOCATION: 1050 Rockford Rd. Lancaster, PA ** *Pavilion #2* * packet pickup opens @ 7:30am

COURSE: Mostly trails, hills & some road * very challenging

AWARDS: 5K Run/Walk & 10k ~ TIMED: 1ST overall Male & Female * top 3 M & F in the following age groups:
19 & Under, 20-29, 30-39, 40-49, 50-59, 60-69, 70+

ENTRY: 5K Run/Walk & 10K Run: \$30 postmarked by April 12th *** \$40 After April 12th
race day shirts available while supplies last

Optional Online Registration at: www.pretzelcitysports.com

Nominal processing fee applies, registration closes at midnight April 29th

DIRECTIONS: Turn onto Lanc.Co Central Park off of Chesapeake St - follow signs for parking

RACE DIRECTOR: Dana 717.925.0571 or email kissesforeb@gmail.com



MAKE CHECKS PAYABLE TO "KISSES FOR EB" OR VENMO PAYMENT

LAST NAME _____ FIRST NAME _____

ADDRESS _____ CITY _____ STATE _____

CIRCLE ONE: 5k RUN/WALK 10K SEX: M F RACE DAY AGE _____

DATE OF BIRTH _____ / _____ / _____ SHIRT SIZE: S M L XL 2XL

PHONE _____ EMAIL *PRINT CLEARLY* _____



Epidermolysis Bullosa (EB) is a very rare genetic connective-tissue disorder that affects roughly 1 in every 20,000 births. Imagine living with skin so fragile that even the slightest friction causes blisters and wounds—pain so intense it can feel like a third-degree burn that never truly heals. What lengths would you go to for relief?

Right now, there is no cure for EB. Care focuses on pain management, wound care, and protective bandaging to help prevent further injury and provide as much comfort as possible.

Already receiving Pretzel City's emails? yes or no

Waiver and Release of Liability

I understand that participating in a road or trail race is a potentially hazardous activity. I affirm that I will not enter or participate unless I am medically able and properly trained. I acknowledge that there may be traffic on the course and I voluntarily assume the risks associated with running in such conditions.

I accept full responsibility for any and all risks connected to participating in or attending this event, including but not limited to: falls, contact with other participants, effects of weather, and the condition of roads or trails. I acknowledge that these risks are known and understood by me.

In consideration of the acceptance of my entry fee, I, for myself, my heirs, executors, administrators, and anyone else who may claim on my behalf, hereby covenant not to sue and fully waive, release, and discharge Pretzel City Sports, Kisses for EB, any subcontractors they engage, all municipalities involved in the race, the race committee, volunteers, sponsors, and their agents, employees, assigns, or anyone acting on their behalf, from any and all claims or liabilities for death, personal injury, or property damage of any kind arising from my participation in this event.

This waiver applies to all claims of any nature, whether foreseen or unforeseen, known or unknown.

By entering this race, I grant permission to Pretzel City Sports to use any photographs or likenesses of me taken during the event for any purpose they see fit, without review, restriction, or compensation.

I HAVE READ AND UNDERSTAND THIS WAIVER.(If under 18, a legal guardian must sign.)

Signature _____

Date _____