

Reading Area Community College Presents the 26th Annual

RACC 5k Run

(OR WALK) & 1/2 MILE KIDS RUN

BERKS COUNTY'S FLATTEST & FASTEST RUN

Saturday, May 4, 2019 — 10 AM — Reading, PA

Location Registration: Starts at Reading Area Community College Campus, 25 S Front Street, Reading PA. Registration Gust Zogas Student Union Building, reg opens at 9:00AM. 5K @10:00AM, Kids Run @10:50, Awards @11:00 AM

Course: FLAT & FAST! Out & back course running along the scenic Schuylkill River, on packed cinder & paved trails.

Amenities: The Student Union Building will be open with a fitness center, you can stretch indoor! "COOL" T-shirt to all pre-registrants of 5K; real finisher medals for all kids run finishers. Refreshments and snacks for finishers, indoor toilet facilities & showers, loads of parking, time clock at finish and instant results. Held rain or shine. No refunds or mailed awards. Results posted on www.pretzelcitysports.com the next business day.

Awards: Awards for the M & F winners & runners-ups plus: 14 & under: 3M, 3F 15-18: 3M, 3F 19-29: 3M, 3F 30-39: 3M, 3F 40-49: 3M, 3F 50-59: 3M, 3F 60-69: 3M, 3F 70+: 3M, 2F All Kids Run finishers 12 & under get a medal.

Entry: 5K: \$20 if postmarked by April 16, 2019. Afterwards, incl. day of race, \$25 while shirts last, \$20 with no shirt.

Kids Run Entry: \$5 if postmarked by April 16, 2019. Afterwards, including day of race, \$6. Race day registration for kids run to be CLOSED once we have as many kids' entries as we have medals, so preregister if possible. Also, no shirts for the kids run participants.

Registration: Online Registration available at www.pretzelcitysports.com (small service fee applies, closes at midnight on May 1st)

Mail: Make Checks Payable to "the RACC Run" Pay at the Cashier's Office in Berks Hall room B108 Or Mail Check & Registration Form to: THE RACC RUN, 112 W 36th St., Reading, PA 19606

Race Administrator: Ron Horn:(610) 779-2668, rhornPCS@aol.com, www.pretzelcitysports.com

Please Print Clearly

Last Name _____ First Name _____

Address _____ City _____ State _____ Zip _____

Sex: M F Race Day Age: _____ Date of Birth: ____/____/____ Shirt Size (Circle one) S M L XL

Race (Circle one): 5K RUN/WALK KIDS RUN Phone (____) _____ - _____ AM / PM ?

E-Mail: _____@_____ Already Getting emails from Pretzel City?? Yes No

WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic on the course and assume the risk for running in traffic. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the effects of the weather and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Pretzel City Sports, Reading Area Community College and any subcontractors it utilizes, all municipalities in which the race is held, the race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for or on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature whatsoever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown. I am granting permission to all parties involved with the race to use any pictures or likenesses of me secured at the event in any way they see fit without review, restriction or compensation. I HAVE READ AND UNDERSTAND THIS WAIVER:

Signature _____ (if under 18, legal guardian must sign) Date ____/____/____