

The Lehigh Valley is home to a growing population of budding scientists receiving graduate training at Lehigh University. Within the labs and offices at Lehigh, our graduate students are working hard to produce impactful research that will influence new solutions to today's problems. However, the time to the next discovery is lengthened by a widespread lack of funding for research. As such, please come to the Lehigh University Graduate Student 5K for a day of fitness and scientific appreciation. Proceeds from the race go entirely to generating new academic research grants for graduate students at Lehigh University. After the race, stick around for an awards ceremony and a poster display featuring graduate student research projects at Lehigh.

When? Sunday, April 14, 2019

Time? Registration Begins at 8:30am, 5K Begins at 10am

Where? Lehigh University's Mountaintop Campus

[GPS Address: 111 Research Drive, Bethlehem PA, 18015]

Course Conditions? South Mountain road race. Fast, downhill start with rolling hills and scenic views.

Registration? • If paying by check or money order, complete the registration form below. Please make check payable to & mailed to Lehigh University, 217 W Packer Ave, Bethlehem, PA 18015 • Online registration is available at

https://secure.touchnet.net/C20958_ustores/web/classic/product_detail.js?p?PRODUCTID=248 OR see QR code on the front!

How Much? Early Registration: \$30 Registration after March 20: \$35

Deadline? Early registration deadline is March 20, 2019 at 11:59pm

Swag? • Participants receive a T-shirt, goodie bag, and post-race refreshments. • Registrants after March 20th are not guaranteed a T-shirt.

• Awards for top 3 M&F overall finishers and top 3 M&F age group finishers: 14&under (only top 2 M&F), 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+

Race Administrator? Michael Mfarej [mim315@lehigh.edu]

Tear here and mail form below below

First/Last Name (Print) _____

Address _____

City _____ State _____ Zip _____

Race Day Age _____ DOB _____ Male Female Other

Email _____ Phone Number _____

Adult T-Shirt Size: S M L XL

I know that running a road race is a potentially hazardous activity, I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic on the course and assume the risk for running in traffic. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the effects of the weather and conditions of the roads, all such risks being known and appreciated by me, knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, heirs, executors, administrators, or anyone else who might claim on my behalf, covenant not to sue, and waive, release, and discharge, LUGS 5K, Lehigh University, any subcontractors & facilities it utilizes, all municipalities in which the race is held, race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone associated in any way with the race, from any or all claims or liability for death, personal injury, or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event. This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown, by entering this race, I am granting the LUGS 5K and Lehigh University to use any pictures or likeness of me secured at the event in any way they see fit without review, restriction or compensation. I HAVE READ AND UNDERSTAND THIS WAIVER. (if under 18, legal guardian must sign).

Signature _____ Date _____