



# 5K CAUSE FOR PAWS



**Run proceeds benefit the UDS Service Dogs Training Program!**

**WHO:** Runners of all ages. Gather your family, friends and co-workers. Walkers are also invited to participate using the same course. The course is stroller and wheelchair accessible.

**WHAT:** HACC Lancaster Campus offers a safe and secure route for you, your family, friends, co-workers and your furry four legged friend. The course starts over a bridge, winds around trees and then winds through the campus parking lot (empty of cars). There is an incline for those wishing for the extra effort yet easy for those with strollers or wheelchairs to maneuver safely.

**WHERE:**

Day of Registration takes place at the Harrisburg Area Community College, Lancaster Campus beginning at 6:30am. HACC Lancaster Campus is located at 1641 Old Philadelphia Pike, Lancaster, PA. Volunteers will be on hand to assist you with parking. Award presentations made following the run at the registration area. Bottled water, granola and bananas provided at the end of the race.

**Early Packet PickUp:** Friday, June 7 from 10am to 3pm at UDS 2270 Erin Court, Lancaster

*\*Pre-registered runners: If you are not doing early packet pick up, please stop by the registration table on race day to obtain your runner number.*

**WHEN:** This run is scheduled for Saturday, June 8, 2019:

6:30 am – Registration begins - 8:00 am – 5K begins  
Approx 9:45 am – Award presentation when all participants finish.

**HOW:** Participants may pre-register (application below) or online at: <https://www.pretzelcitysports.com/online-registration/> (nominal service fee applies, closes at midnight on the Wed before race day). To register, complete the form below and submit a \$30 check, money order, or credit card number (Mastercard or Visa) to UDS Service Dogs by May 28. The fee for entries received after this date including race day will be \$35. 17 & under can register for \$20 before May 28 and \$25 after this date including race day. Also, your canine companion can register for \$10 up to and including race day. Cause for Paws T-shirts are available for all participants registering no later than May 28. Select Shirt Size Below. Participating dogs receive a Cause for Paws Bandana.

**RESULTS:** Course is run 2 times – once around is your halfway mark. Finish line and timing service by Pretzel City Sports. Race results provided on our website, and [www.pretzelcitysports.com](http://www.pretzelcitysports.com)

**PRIZES:** Medals will be presented to Overall Male and Female Champions. Medals presented to top three (3) Male and three (3) Female finishers in each of the following age brackets: 17 & Under, 18-29 yrs, 30-39 yrs, 40-49 yrs, 50-59 yrs, 60-69 yrs, & 70 +

**DIRECTIONS:**

- \* Rt. 30 East – Take the Greenfield Exit – McDonalds will be on left
- \* Take a Left at the light at McDonald’s
- \* Go to next light and take a left – this is Pitney Road –continue half a mile and entrance is on the left.

**REGISTRATION: UDS Service Dogs Program 5K Cause for Paws** Complete this portion. Detach and mail. Include \$25 early registration fee before May 28. After that date & including race day, registration fee \$35. 17 and under \$20 before May 28. After that date & including race day, registration fee \$25/ Dog registration is \$10 up to and including day of race. Cause for Paws t-shirts provided for all registrations received by May 28. Checks payable to UDS Service Dogs, or by Credit Card:

Visa or MC: Number \_\_\_\_\_ Exp. \_\_\_\_\_ Select: RUNNER / WALKER / WHEELCHAIR ROLLER/ DOG

Name \_\_\_\_\_ Address \_\_\_\_\_

*Please print*

Phone \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

E-mail address \_\_\_\_\_ Age (on Race Day) \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_

T-shirt size (circle one)
Youth L
Adult S M L XL XXL

**WAIVER/RELEASE:** I hereby waive all claims against the race director, race officials and volunteers, any and all sponsors including, but not limited to UDS, UDS Foundation, UDS Service Dogs Program, HACC Lancaster Campus, Pretzel City Sports, County of Lancaster, and all their representatives and successors from any injury or liability I might suffer in this event. I attest that I am physically fit and prepared for this event. I assume all risks associated with running in this event including, but not limited to: falls; contact with other participants; the effects of the weather, including high heat and/or humidity; and the condition of the road; all such risks being known and appreciated by me. I grant full permission for organizers to use my name and or pictures in legitimate accounts and promotions of this event.

Signature X \_\_\_\_\_ Date \_\_\_\_\_

*(Parent or guardian’s signature if less than 17 years of age.)*

**Please make checks payable to UDS Service Dogs and mail to: 2270 Erin Court, Lancaster, PA 17601  
Contact Lori Breece, your Race Director ♦ (717) 715-8753 ♦ [lorib@udservices.org](mailto:lorib@udservices.org) with questions!**

**NEW FOR 2019: Kindergarten through 5<sup>th</sup> grade “Kids Agility Course” – request application**