



Perkiomen Watershed Conservancy presents...

The Snowshoe 5k @ Spring Mount Ski Area Saturday, January 25th, 2020

~ Professional timing services by Pretzel City Sports of Reading, Pa. ~
Proceeds benefit the Perkiomen Watershed Conservancy

WHO: The Snowshoe 5k is for all ages and abilities! Bring your own snowshoes or rent a pair from us (while supplies last). Sign up online at www.PerkiomenWatershed.org.

WHAT: Don't let Ole' Man Winter get you down! Join us for the 15th Annual Pennsylvania Championship Snowshoe Race at Spring Mount Ski Area. This year's event is shaping up to be the best ever! We have a great course, a great cause, and a great after-party!

WHERE: Participants may pre-register (application below or online) or register the day of the run. Registration takes place at Spring Mount Ski Area beginning at 7:00 AM on Saturday, January 25th. We have a limited number of snowshoes for rent... so register early! Volunteers will be on hand to assist you with registration and with snowshoe rentals. Award presentations will be made at the Spring Mount Ski Lodge following the Snowshoe 5k.

WHEN: Saturday, January 25th, 2020
7:00 a.m. – Registration begins at Spring Mount
8:00 am – Snowshoe 5k Begins
9:30 am – Awards Ceremony and Hot Rum Cider!

HOW: To register, complete the form below and submit the registration fee of \$30 (no snowshoe rental) or \$40 (w/snowshoe rental) to the Perkiomen Watershed Conservancy. Shirts not guaranteed after January 8th. Checks payable to the "Perkiomen Watershed Conservancy." OR register online at www.perkiomenwatershed.org

SWAG: All participants win a free event t-shirt! Participants 21 and over get a free craft beverage from our friends at Bluebird Distilling. Those 21 and under get the craft beverage sans alcohol.

RESULTS: 1, 2 and 3 mile marked. Finish line and timing services provided by Pretzel City Sports. Race results submitted to Pretzel City Sports and posted at www.pretzelcitysports.com.

AWARDS: Awards presented to Overall Male and Female Champion. Awards presented to top three Male and top three Female finishers in each of the following age categories: Masters, 19 years and younger, 20-29 years, 30-39 years, 40-49 years, 50-59 years, 60 years and up!

QUESTIONS: 610.287.9383 | rbeltz@perkiomenwatershed.org

DIRECTIONS: Type in Spring Mount Ski Area
757 Spring Mount Road, Spring Mount, PA 19478

SPONSORED BY:



Online registration at www.PerkiomenWatershed.org

REGISTRATION: Complete this portion. Detach and mail. Include \$30 (no snowshoe rental) or \$40 (w/snowshoe rental). Shirts not guaranteed after January 8th.

Online registration available at www.perkiomenwatershed.org.

Checks payable to Perkiomen Watershed Conservancy, or by Credit Card:

Visa/MC/Discover: Number _____ Exp. _____ CVC: _____

Select Registration Type: _____ Regular – No Rental (\$30) _____ Regular with Snowshoe Rental (\$40)

(Please print)

First and Last Name _____ Phone _____

Address _____ City _____

State _____ Zip _____ E-mail address _____

Race Day Age _____ Male _____ Female _____

WAIVER/RELEASE: I hereby waive all claims against the race director, race officials and volunteers, any and all sponsors including, but not limited to Perkiomen Watershed Conservancy, Spring Mount Adventures, Bluebird Distilling, and Dion Snowshoes, and all their representatives and successors from any injury or liability I might suffer in this event. I attest that I am physically fit and prepared for this event. I assume all risks associated with running or walking in this event including, but not limited to: falls; contact with other participants; vehicle traffic; the effects of the weather, including temperature or wind chill; and the condition of the road and or trail; all such risks being known and appreciated by me. I grant full permission for organizers to use my name and or pictures in legitimate accounts and promotions of this event.

Signature _____ Date _____

(Parent or guardian's signature if under 18 years of age.)

Mail to: Perkiomen Watershed Conservancy, 1 Skippack Pike, Schwenksville, PA 19473
(610) 287-9383 ♦ rbeltz@perkiomenwatershed.org

T-shirt size
(circle one)

XSmall

Small

Medium

Large

XLarge

XXLarge