

Bishop McDevitt High School, Harrisburg, PA Presents the

Blue and Gold Centennial 5k

& 1 Mile Fun Run/Walk

Saturday, May 18, 2019 - 11:00 5k Start

Professionally timed by Pretzel City Sports

"The 5K will kick off a fun-filled, day-long festival in honor of Bishop McDevitt's Centennial Celebration. The festival begins immediately following the 5K and we have lots of fun, food, drinks, entertainment and games planned, so please plan to spend the day with us!"

LOCATION: Bishop McDevitt High School, 1 Crusader Way, Harrisburg PA. Registration and number pickup opens at 9:00 a.m. 1 Mile Fun Run/Walk at 10:00 a.m. and 5k starts at 11:00 a.m.

5k COURSE: The course is a nice mixture of flat and hills around the beautiful grounds of Bishop McDevitt High School. Rain or shine. No refunds or mailed awards.

1 Mile Fun Run/Walk – All Ages Welcomed. 1 Mile Fun Run/Walk is Non- Competitive & Untimed. Course is on the grounds of Bishop McDevitt and will finish on the track. Awards not given, as this is a non-competitive event.

ENTRY FEE FOR 5K & 1 Mile Fun Run/Walk:

Adults \$25.00 if registered by 05/02/19. Includes commemorative Bishop McDevitt Centennial t-shirt. After that date and including race day \$30.00 with t-shirts available while supplies last.

Students (K-12) \$20.00 up to and including Race Day. Includes commemorative Bishop McDevitt Centennial t-shirt, while supplies last.

Optional Online Registration available at www.pretzelcitysports.com

(Nominal processing fee applies, closes at midnight, the Wed. of race week)

AWARDS: 5k awards for the 1st Overall Male and Female finisher plus: 14-Under: 3M, 3F 15-19: 3M, 3F 20-29: 3M, 3F 30-39: 3M, 3F 40-49: 3M, 3F 50-59: 3M, 3F 60 and over: 3M, 3F Awards not mailed. Please be sure to include birthday for award consideration!

RACE DIRECTOR: Kathy O'Grady, 717-236-7973 x 2133 or email me at kogrady@bishopmcdevitt.org.

More info at www.bishopmcdevitt.org

MAKE CHECK PAYABLE TO "Bishop McDevitt High School"

MAIL CHECK & FORM BELOW TO: Kathy O'Grady, 1 Crusader Way, HBG, PA 17111.

ONE SHEET PER RUNNER

Last name _____ First name _____

Address _____ City _____ State _____ Zip _____

Circle one: 5K 1M Fun Run/Walk Sex: M F Race day age: _____ Date of birth ____/____/____

Shirt Size (circle one) : Adult or Youth - S M L XL XXL (adult only) Phone: (____) _____

Email: (print clearly) _____

I cannot attend however, I would like to donate \$_____ in honor of the Centennial Celebration.

Already getting Pretzel City emails regularly? ____ Yes ____ No__ WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic on the course and assume the risk for running in traffic. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the affects of the weather and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Pretzel City Sports, Bishop McDevitt High School, any subcontractors it utilizes, all municipalities in which the race is held, the race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown. By entering this race, I am granting permission to Pretzel City Sports to use any pictures or likenesses of me secured at the event in any way they see fit without review, restriction or compensation. I HAVE READ AND UNDERSTAND THIS WAIVER: (if under 18, legal guardian must sign)

Signature _____

date ____/____/ 20__