



Rotary Club of Lancaster Presents
The 3rd Annual
Wheels and Wings Festival & 5K

This Race is a Fundraiser and all of the proceeds will be designated primarily to support the Rotary Club of Lancaster Summer Youth Experience/A United Way Partnership which keeps city youth engaged and productive during the summer thereby reducing school dropouts and improving children's lives.

Saturday, June 22, 2019 – 8:00 AM - Lititz, PA

LOCATION/REGISTRATION: Starts at entrance to Lancaster Airport, 500 Airport Rd, Lititz, PA 17543; Registration/number pickup at main parking lot, Front St. starting at 6:45 AM. 5K at 8:00 AM, car show starting at 10:00 AM.

COURSE: 5K Course is an out and back road loop with an incline at the Quarter mile mark and extending to the 1 mile mark. The course is mostly flat with a downhill at the 2 mile mark and flat to the finish.

AMENITIES: T-shirt to all pre-registrants of 5K. Refreshments for finishers, Food Vendors, outdoor toilet facilities, loads of parking, time clock at finish and instant results. Car Show and live music at the finish, including food, beer and wine vendors. Held rain or shine. Medals will be available for top finishers in each age category. Results on www.pretzelcitysports.com in 1-2 days.

AWARDS: Awards for the Top 2 Overall Male & Female finishers, Plus Age Group Awards for 19 & under: 3M, 3F - 20 to 29 3M, 3F - 30 to 39 3M, 3F - 40 to 49 3M, 3F - 50 to 59 3M, 3F - 60 to 69 3M, 3F - 70 to 79 2M, 2F and 80 + 2M, 2F

ENTRY: For 5K: \$25 if postmarked by June 8, 2019. Afterwards, including race day \$30 while shirts last, \$20 when gone.

Optional Online Registration for Race on www.pretzelcitysports.com
(Nominal service charge applies, closes midnight, Wednesday night of race week)

GENERAL DIRECTIONS FOR ALL: The Lancaster Airport is located approximately 6 miles north of the city of Lancaster, Pennsylvania at the intersection of Route 501/Lititz Pike and Airport Road. We are in the heart of Dutch Country with easy access from Route 30, Route 283 and the Pennsylvania Turnpike.

QUESTIONS: Contact Race Director [Robert. Rineer @ Northwest.com](mailto:Robert.Rineer@Northwest.com) (best way to contact)

CHECK PAYABLE TO: Lancaster Rotary Mail Check & Form below to: Pretzel City Sports, 112 W. 36th St, Reading, Pa 19606

.....Please Print Clearly.....

Last Name _____ First Name _____

Address _____ City/State _____ Zip _____

Phone: () _____ A.M. or P.M. Race day age: _____ Date of birth ____/____/____

Sex: M F Shirt Size (circle one): S M L XL

Email _____@_____

Already Getting Emails from Pretzel City Sports Regularly? _____ Yes _____ No

WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic on the course and assume the risk for running in traffic. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the effects of the weather and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Pretzel City Sports, Lancaster Rotary and any subcontractors it utilizes, all municipalities in which the race is held, the race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown. I HAVE READ AND UNDERSTAND THIS WAIVER: (if under 18, legal guardian must sign)

Signature _____ Date ____/____/ 20__