

# Bucks County Audubon Society at Honey Hollow



**Cross Country 5K & Family Fun Run**

**3<sup>rd</sup> Annual**

**Wednesday, June 5, 2019**

**6:30 pm 1M Family Fun Run and 7:00 pm 5K**

**Registration begins at 5:45**

**[www.BCAS.org](http://www.BCAS.org)**

**215-297-5880**

**2877 Creamery Road, New Hope, PA**

**WHERE:** BCAS at the Honey Hollow Environmental Education Center 2877 Creamery Rd., New Hope, PA (Solebury Twp). The Raptor Run supports education programs and habitat preservation.

**COURSE:** Cross country trail run through the forests, streamside, and meadows of BCAS's 55 acre nature preserve, includes two stream crossings, great views of the Audubon Pond, and acres of beautiful spring flowers in the fields.

**AMENITIES:** Indoor facilities. Stay and enjoy our After Party with bonfire, food, and beverages for all racers. Held rain or shine. No re-funds or mailed awards. Results on [www.pretzelcitysports.com](http://www.pretzelcitysports.com) in 1-2 days.

**AWARDS:** Awards to the top male and top female finishers, and the top three (3) finishers in each of the following age groups, both male and female: 19 & Under, 20-29, 30-39, 40-49, 50-59, 60+

**HOW:** To register for the 5K or Fun Run, \$25 for Non-Members/\$20 for BCAS Members if registered by May 17th, with guaranteed T-Shirt Size, After May 17th including race day \$30 for Non-Members/\$25 for BCAS Members, shirts will be available while supplies last. Complete the form below and submit with entry fee or register online at [www.pretzelcitysports.com](http://www.pretzelcitysports.com) (Nominal service fee applies, closes at midnight Sunday, June 2nd) or at [www.BCAS.org](http://www.BCAS.org) Any questions, contact Stacy at [scarpoole@bcas.org](mailto:scarpoole@bcas.org).

**MAIL CHECK (PAYABLE TO BCAS) & FORM BELOW TO: BCAS, 2877 Creamery Road, New Hope, PA 18938**

Last name \_\_\_\_\_ First name \_\_\_\_\_

Address \_\_\_\_\_

City/State \_\_\_\_\_ Zip \_\_\_\_\_ Race day age: \_\_\_\_\_ Date of birth \_\_\_\_/\_\_\_\_/\_\_\_\_

Race (circle one): 5K Fun Run Sex: M F Phone: \_\_\_\_\_

Shirt Size (circle one): Youth S M L Adult S M L XL Email \_\_\_\_\_

WAIVER: I know that running a cross country trail race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the affects of the weather and the condition of the trails, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Pretzel City Sports, Bucks County Audubon Society and any subcontractors it utilizes, all municipalities in which the race is held, the race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown. I HAVE READ AND UNDERSTAND THIS WAIVER: (if under 18, legal guardian must sign). Initial: \_\_\_\_\_

I give permission for \_\_\_\_\_ to appear in photographs or videos taken at Bucks County Audubon Society. I understand that these images may be used in a variety of formats for marketing purposes, including but not limited to websites, social media, print brochures, advertising and media releases.

Signature \_\_\_\_\_ Date \_\_\_\_\_