

BCIU Apple a Day 5k & Family Fun Run/Walk

Saturday, April 6 at 9 a.m.

to benefit the United Way of Berks County

AWARDS: 5k: Trophy for top male and female runners in addition to awards for the top three males and females in each of the following age brackets: 14 & under, 15-19, 20-29, 30-39, 40-49, 50-59, 60+.



ENTRY FEES: 5k: \$25 if postmarked by Friday, March 22, includes t-shirt. After March 22, and including race day, \$30 while shirts last, \$20 when gone. (Mail-in or online registration available.)

ENTRY FEES FUN RUN/WALK:

INDIVIDUAL: \$15, if postmarked by Friday, March 22, includes t-shirt. After March 22, and including race day, \$20 while shirts last; \$10 when gone.

FAMILY: \$50 for family of four (immediate family members only), \$10 per additional family member, if postmarked by Friday, March 22, includes t-shirt. After March 22, and including race day, \$55 for family of four (immediate family members only), \$10 per additional family member, while shirts last, \$40 for family of four when gone. (Mail-in ONLY registration available; must complete a race application for each family member participating. Please include all applications and check in the same envelope.)

LOCATION: Penn State Berks, 2080 Tulpehocken Rd., Reading, PA 19610.

Registration/number pickup opens at 8:00 a.m. **5k** starts at 9:00 a.m.

Family Fun Run/Walk starts at 9:45 a.m.

COURSE: Wheel-measured course goes throughout campus on paved surfaces. The race is 2 loops for the 5k, and 1 loop for the Family Fun Run/Walk. This is a fun race supporting the United Way of Berks County on the scenic PSU Berks campus! Indoor facilities (with bathrooms) near the start/ finish. Plenty of free parking. Professionally timed by Pretzel City Sports. Refreshments. Rain or shine. No refunds or mailed awards.

Optional Online Registration available at www.pretzelcitysports.com (Nominal processing fee applies, closes on Wednesday, April 3 at midnight).

RACE DIRECTOR: Amelia Krotee, 610-987-8467 or email amekro@berksiu.org. More info at www.berksiu.org/5k

Make check payable to "Berks County Intermediate Unit"
Mail your check & registration form below to:
 AMELIA KROTEE, BCIU, P.O. BOX 16050, READING, PA 19612-6050

----- Please print clearly – One form per person -----

Last Name: _____ First Name: _____

Address: _____ City: _____ State: _____ Zip: _____

Circle one: 5k Run Fun Run/Walk Race day age: Gender: M F Date of Birth / /

Adult Shirt Size (circle one): S M L XL Phone: _____

Email (print clearly): _____

WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic on the course and assume the risk for running in traffic. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the affects of the weather and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Pretzel City Sports, Berks County Intermediate Unit, Penn State Health St. Joseph, Penn State Berks, United Way of Berks County, and any subcontractors they utilize, all municipalities in which the race is held, the race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown. By entering this race, I am granting permission to Pretzel City Sports and Berks County Intermediate Unit to use any pictures or likenesses of me secured at the event in any way they see fit without review, restriction or compensation. I HAVE READ AND UNDERSTAND THIS WAIVER: (if under 18, legal guardian must sign).

Signature _____ Date _____

(Parent's/Legal Guardian's Signature if entry is under 18 years old)

