



# 5K, 10K, and 1 Mile Walk with Berkey Creamery Ice Cream at the End!

**All Runners and Walkers enjoy Penn State Creamery Ice Cream**

## **SATURDAY, JUNE 1, 2019**

**Penn State Berks Campus, Reading, PA**

**5K & 10K Race Starts at 9:00 AM**

**Walk Starts at 9:05 AM**

*Registration opens at 8:00 AM & closes at 8:50 AM*

All Runners and Walkers that register receive 2 free scoops of Penn State Berkey Creamery Ice Cream at the end of the race, scooped right here at the scenic Penn State Berks Campus!! Registration inside the Gaige Technology Building. Volunteers will guide you to the right spot.

### **WALKERS INVITED! Families Are Welcome!**

**RACE BENEFITS LOCAL  
CANCER PATIENTS**



Accurately chip timed by Pretzel City Sports. Water station on the course. Ample parking and indoor restrooms are available. Leashed dogs are allowed on the course, but not in the buildings. (Please pickup after your dog).

#### **AWARDS 5K & 10K RACE:**

1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> Male & Female Overall

1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> Place Male & Female in each age group

Age groups include: 7 & under, 8-10, 11-13, 14-16, 17-19, 20-29, 30-39, 40-49, 50-59, and 60-69, 70+.

**5k Award Ceremony at 10:00 AM, 10k awards at 10:30 AM**

*One-mile walk participants are not timed or awarded.*

#### **Location:**

Penn State Berks Campus  
Broadcasting Road (intersection with Route 222)  
Reading, PA

#### **ADULT 5K/10K REGISTRATION:**

*(Ages 13 & up)*

You are guaranteed a T-shirt if you register by May 15.

Feb 1 – Mar 31.....\$20/\$35

April 1 – May 15 .....\$25/\$40

May 16 – June 1.....\$30/\$45

#### **KIDS 5K/10K REGISTRATION\*:**

*(Minimum age is 5 years old)*

These registrations do not change in price, **BUT** register by May 15 to reserve your race T-shirt.

Ages 5-12.....\$15/\$30

#### **1-MILE WALK**

\$10 per person, age 7 and under walk FREE\*.

#### **GROUP RATES:**

Any combination of 10+ walkers/runners: 10% off

Any combination of 20+ walkers/runners: 20% off

#### **1-MILE WALKERS CAN PURCHASE**

Race T-shirt.....\$10

**\*Children 12 and younger must be accompanied by an adult and are the sole responsibility of that adult for the duration of the event.**

**TO ENTER:** Fill in the form below, **CUT OFF & MAIL** to: OneRunTogether, 135 Schoolhouse Lane, Coatesville PA 19320

Make checks payable to "OneRunTogether Inc." **OR REGISTER ONLINE:**

[www.pretzelcitysports.com](http://www.pretzelcitysports.com) (nominal service fee applies, closes at midnight, May 29)

NAME: \_\_\_\_\_ PHONE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ CITY/STATE/ZIP: \_\_\_\_\_

MALE  FEMALE Registering for:  5K Run/Walk  10K Run  1-Mile Walk Age as of 6/1/19: \_\_\_\_\_

I am unable to participate but would like to donate \$ \_\_\_\_\_

How did you hear about this event specifically? \_\_\_\_\_

T-Shirt (free for race participants, \$10 for walkers)  YM  YL  S  M  L  XL  2XL

Email Address (REQUIRED to get details for the race): \_\_\_\_\_

Emergency Contact (Name & Phone): \_\_\_\_\_

**Please make sure you have read and understand the Liability Disclaimer, and sign below. Your signature below provides consent to the terms of this disclaimer. All participants must sign or have a legal guardian sign in order to participate. The Creamery Hustle 5K/10K Waiver & Release: I know that running a race or doing a walk is a potentially hazardous activity which could cause injury or death. I should not enter and run unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform in this event, and I am in good health, and I am properly trained. I assume all risks associated with running in this event. I for myself and anyone entitled to act on my behalf waive and release and will not sue OneRunTogether, Inc., Penn State Berks, Pretzel City Sports, any employee participating in the race, all volunteers, all vendors, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event. I grant permission to use my photograph, email address, motion pictures, recordings or any other record of this event for legitimate purposes. I understand that this race is rain or shine and it is not refundable.**

Signature (if under 18, signature of parent or guardian): \_\_\_\_\_ Date: \_\_\_\_\_