



Join Manheim Township teachers and pull out your sneakers, and red, white, and blue! All proceeds benefit MT students through grants awarded by the MT Educational Foundation!

Monday, May 27, 2019
 Registration: 8:00am
 Kids Fun Run: 9:00am
 Sk Run/Walk: 9:30am

Manheim Township High
 School Football Stadium
 115 Blue Streak Blvd.
 Lancaster, PA 17601

Blue Streak Spirit Awards for overall top male and female finishers. 3 m/f awards in the following age groups:
 * 14 & under * 15-18 * 19-24 * 30-34 *
 * 40-44 * 50-59 * 60-69 * 70+ *

REGISTRATION FEES

Register by May 12, 2019

- * \$20 5k Manheim Township students k-12
- * \$25 5k general Admission
- * \$5 kids fun run (t-shirt not included, ages 12 and under)

May 13, 2019 or After (t-shirt not guaranteed)

- * \$25 5k Manheim Township students k-12
- * \$30 5k general admission
- * \$7 kids fun run (t-shirt not included, ages 12 and under)

- ★ Kids Fun Run participants receive medal
- ★ Prizes for the most patriotic runner!
- ★ MT Teachers and Staff run for free!
 Must fill out registration form*

Mail completed form and check to: MTEF - 450 A Candlewyck Rd. Lancaster, PA 17601. Online Registration available at www.pretzelcitysports.com. Nominal processing fee applies. Event is rain or shine. No refunds. Questions - call 717.735.1751 or email administrator@mtef.net

Runner's Last Name: _____ Runner's First Name: _____

Address: _____ City: _____ State: _____ Zip: _____

Phone Number: _____ Email: _____

Race Day Age: _____ Date of Birth: _____ Sex: M / F

Manheim Township Staff: Y / N MT Student: Y / N Grade: _____ Race: Sk Run / Fun Run

If MT student, what school: _____ T-Shirt Size: YS YM YL S M L XL XXL

Who is your teacher: _____ Another T-shirt - \$10ea: YS YM YL S M L XL XXL



WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic on the course and assume the risk for running in traffic. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the affects of the weather and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Pretzel City Sports, Manheim Township Educational Foundation, Manheim Township School District., any subcontractors it utilizes, all municipalities in which the race is held, the race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown. By entering this race, I am granting permission to Pretzel City Sports to use any pictures or likenesses of me secured at the event in any way they see fit without review, restriction or compensation. I HAVE READ AND UNDERSTAND THIS WAIVER: (if under 18, legal guardian must sign)

Signature (legal guardian if under 18): _____ Date: _____