

# HUMP DAY 5K SERIES

Wednesday Night Summer Trail series 2019

Blue Mountain Resort, Palmerton, PA

6:30pm 5/22, 6/19, 7/24, 8/14 & 9/18

## Individual Race Entry Form

**Location/Registration:** Blue Mountain Resort, 1660 Blue Mountain Drive, Palmerton PA. Race starts and finishes in Summit Courtyard outside Slopeside Pub & Grill (Summit Lodge) Registration/number pick up same location beginning at 5:30, race at 6:30pm. Great for spectators!

**Details/Course:** 5K out and back to the Summit lodge. Course will be different each event, but will include some dirt trails, ski trails and hills. No frills race, light refreshments, instant results, 1 FREE BEER WITH EVERY ENTRY! (must have proof of valid ID) Held rain or shine! ENTRY DOES NOT INCLUDE A SHIRT BUT SHIRTS WILL BE AVAILABLE FOR SALE THAT NIGHT No refunds or mailed awards

**Individual Race Date Awards:** 1<sup>st</sup> overall male and female plus top 3M & F in 14 & under, 15-19, 20-29, 30-39, 40-49, 50-59, 60+

**Entry:** Individual races \$15 per race if postmarked 2 Wednesdays before each race (ex. June 5<sup>th</sup> for the June 19<sup>th</sup> race etc), \$20 after that date, including night of each race. Shirts for sale while supplies last. Rain or shine. No Refunds.

**IMPORTANT:** THIS Race app is for Individual Race Entries ONLY, INDICATE which race(s) you are entering. If signing up for entire series, please complete Full Series Race App

Optional Online Registration available at [www.pretzelcitysports.com](http://www.pretzelcitysports.com) (Nominal processing fee applies, closes at midnight, the Mon. of race week for each ind. event)

RACE DIRECTOR: Michelle Westerman, 484-456-3763 email [mwesterman@skibluemt.com](mailto:mwesterman@skibluemt.com)

MAKE CHECK PAYABLE TO "Blue Mountain Resort"

MAIL CHECK& FORM BELOW TO: Hump Day 5K Attn: Michelle Westerman PO Box 216, Palmerton, PA 18071.

Last name \_\_\_\_\_ First name \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Sex: M F Date of birth \_\_\_\_/\_\_\_\_/\_\_\_\_  
Phone: ( \_\_\_\_\_ ) Email: (print clearly) \_\_\_\_\_

Check Date(s) of ALL races you are entering and race day age for EACH event:

\_\_\_\_\_ 5/22 race day age \_\_\_\_\_ 6/19 race day age \_\_\_\_\_  
\_\_\_\_\_ 7/24 race day age \_\_\_\_\_ 8/14 race day age \_\_\_\_\_  
\_\_\_\_\_ 9/18 race day age \_\_\_\_\_

Already getting Pretzel City emails regularly? \_\_\_\_\_ Yes \_\_\_\_\_ No \_\_\_\_\_ WAIVER: I know that running a race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic on the course and assume the risk for running in traffic. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the affects of the weather and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Pretzel City Sports, Blue Mountain Resort any subcontractors it utilizes, all municipalities in which the race is held, the race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown. By entering this race, I am granting permission to Pretzel City Sports to use any pictures or likenesses of me secured at the event in any way they see fit without review, restriction or compensation. I HAVE READ AND UNDERSTAND THIS WAIVER: (if under 18, legal guardian must sign)

Signature \_\_\_\_\_ date \_\_\_\_/\_\_\_\_/ 20\_\_\_\_

Hump Day 5K Individual Race Registration Form – Form may be copied