

HUMP DAY 5K SERIES

Wednesday Night Summer Trail series 2019

Blue Mountain Resort, Palmerton, PA

6:30pm 5/22, 6/19, 7/24, 8/14 & 9/18

Full Series Race Entry Form

Location/Registration: Blue Mountain Resort, 1660 Blue Mountain Drive, Palmerton PA. Race starts and finishes in Summit Courtyard outside Slopeside Pub & Grill (Summit Lodge) Registration/number pick up same location beginning at 5:30, race at 6:30pm. Great for spectators!

Details/Course: 5K out and back to the Summit lodge. Course will be different each event, but will include some dirt trails, ski trails and hills. No frills race, light refreshments, instant results, 1 FREE BEER WITH EVERY ENTRY! (must have proof of valid ID) Held rain or shine! ENTRY DOES NOT INCLUDE A SHIRT BUT SHIRTS WILL BE AVAILABLE FOR SALE THAT NIGHT No refunds or mailed awards

SERIES Awards: Overall series Winner: Overall Top 1, 2 & 3 M & F (Must race in 4 out of 5 events to qualify. No series awards for age groups)

Individual Race Awards: 1st overall male and female plus top 3M & F in 14 & under, 15-19, 20-29, 30-39, 40-49, 50-59, 60+

SERIES Entry: Series \$65 for the 5 races if postmarked by May 8th: \$75 after that for series including night of first race. Shirts for sale at each race, while supplies last. Individual Races: \$15 per race online postmarked by May 8th or \$20 after that date including day of event. Rain or shine. No refunds.

IMPORTANT: This form is to be used for ENTIRE SERIES ONLY!

Please use individual race entry form if you're not planning to race every time.

Optional Online Registration available at www.pretzelcitysports.com

(Nominal processing fee applies, closes at midnight, the Mon. of race week)

RACE DIRECTOR: Michelle Westerman, 484-456-3763 email mwesterman@skibluemt.com or information@skibluemt.com

MAKE CHECK PAYABLE TO "Blue Mountain Resort"

MAIL CHECK& FORM BELOW TO: Hump Day 5K Attn: Michelle Westerman PO Box 216, Palmerton, PA 18071.

Last name _____ First name _____

Address _____ City _____ State _____ Zip _____

Sex: M F Age on 5/22 is your age for the Series Race day age: _____ Date of birth ____/____/____

Phone: (____) _____ Email: (print clearly) _____

Already getting Pretzel City emails regularly? Yes No WAIVER: I know that running a race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic on the course and assume the risk for running in traffic. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the affects of the weather and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Pretzel City Sports, Blue Mountain Resort any subcontractors it utilizes, all municipalities in which the race is held, the race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown. By entering this race, I am granting permission to Pretzel City Sports to use any pictures or likenesses of me secured at the event in any way they see fit without review, restriction or compensation. I HAVE READ AND UNDERSTAND THIS WAIVER: (if under 18, legal guardian must sign)

Signature _____ date _____ / 20__

Hump Day 5K Series Registration Form – Form may be copied