

# St. James School 5k Run

& 1 Mile Fun Run/Walk

Saturday, May 4<sup>th</sup> at 9:00 AM

*"Benefitting the Students of St. James School"*

**Register now, don't delay 200 runner cap!**

**LOCATION:** St. James School, 3217 W. Clearfield St. Philadelphia, PA 19132; Registration/ number pickup opens at 7:30 a.m.  
5k starts at 9:00 a.m. 1 Mile Fun Run/Walk at 8:00 a.m.

**5k COURSE:** Starting at St. James School down Clearfield toward Laurel Hill Cemetery, cross Ridge Ave. and run uphill toward Laurel Hill entrance, enter cemetery and finish at cemetery gates. Clock at finish, refreshments, mile splits. Rain or shine.  
No refunds or mailed awards.

**1 Mile Fun Run/Walk COURSE:** Fun walk/run around the RAH Neighborhood. This is a non-competitive event - Awards not given.  
All ages welcome.

**5k AWARDS:** 1st Overall Male & Female, plus top 3 M & F in 14 & Under, 15-18, 19-29, 30-39, 40-49, 50-59, 60+,  
Largest Team also gets award.

**ENTRY: 5k:** \$30 if postmarked by March 20, 2019; \$40 after that date and up until April 27th; Day of Race Registration \$50.  
**1 Mile Run/Walk:** \$25 up until and including day of race.

**\*All registrations includes t-shirts and are invited to after party celebration with food and drinks, tours and campus.**

**TEAMS:** Teams of 5 or more, \$20 per racer. Must mail in registration together in same envelope.

Optional Online Registration available at [www.pretzelcitysports.com](http://www.pretzelcitysports.com)  
(Nominal processing fee applies, closes at midnight, Saturday April 27th)

Award Ceremony/After Party to follow at St. James School Campus. Parking and Directions information will be provided.

**RACE DIRECTOR:** Maggie Sanborn, 215-226-1276 ext 106, [msanborn@stjamesphila.org](mailto:msanborn@stjamesphila.org), [stjamesphila.org/run](http://stjamesphila.org/run)

**MAKE CHECK PAYABLE TO "St. James School"**

**MAIL CHECK& FORM BELOW TO: St. James School, c/o Advancement Office, 3217 W. Clearfield St., Philadelphia, PA 19132**

Last name \_\_\_\_\_ First name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Circle one: 5K 1M Sex: M F Race day age: \_\_\_\_\_ Date of birth \_\_\_\_/\_\_\_\_/\_\_\_\_

Shirt Size (circle one): S M L XL Team Name (if applicable) \_\_\_\_\_

Phone: ( ) \_\_\_\_\_ A.M. or P.M.? \_\_\_\_\_ Email: (print clearly) \_\_\_\_\_  
circle one or both

**Already getting Pretzel City emails regularly?** \_\_\_\_\_ Yes \_\_\_\_\_ No \_\_\_\_\_ **WAIVER:** I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic on the course and assume the risk for running in traffic. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the affects of the weather and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Pretzel City Sports, St. James School, any subcontractors it utilizes, all municipalities in which the race is held, the race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown. By entering this race, I am granting permission to Pretzel City Sports to use any pictures or likenesses of me secured at the event in any way they see fit without review, restriction or compensation. I HAVE READ AND UNDERSTAND THIS WAIVER: (if under 18, legal guardian must sign)

Signature \_\_\_\_\_

date \_\_\_\_/\_\_\_\_/ 20\_\_