

SOLID ROCK 5K & FUN RUN

Event Information

August 1, 2026

 **ENOLA LOW GRADE TRAIL**
301 E. State Street, Quarryville, PA 17566



Make checks payable to:
Solid Rock Youth Ministries

Mail completed and signed registration form to:
Solid Rock Youth Ministries
P.O. Box 682, Quarryville, PA 17566

	Individual	Team Member	Kids Fun Run (10U)
Early Bird: May 11 – June 12	\$30	\$30	\$15
Standard: June 13 – July 29	\$35	\$30	\$15
Day Of: Aug. 1	\$40	Not Available	\$15

SCHEDULE

7:00AM | Registration & packet pick-up
8:00AM | Kids' Fun Run
8:30AM | 5K Run/Walk
(Awards ceremony to follow)

Race will be held rain or shine.

TEAMS

Get some friends or coworkers together to get a deal and be entered to win an ice cream party! *(Teams must have at least 5 people).*

FUN RUN

Fun Run is 10U. Each participant will receive a goodie bag, medal, and shirt if registration is received by July 16, 2026.

This is a fun run sprint, less than a half a mile out and back.

PACKET PICK-UP

Friday, July 31 from 5–7PM at Faith Church
611 Robert Fulton Hwy, Quarryville
Day of pick-up begins at 7:00AM at the trail.

PARKING

Parking is available at the trailhead. Additional parking is across the street, but will be limited. Carpooling is encouraged.

AWARDS

Overall first place M/F finishers will receive a medal and cash prize. Top 3 M/F finishers in each age group will receive a medal: 14U, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+

FOOD TRUCKS

Hitch Coffee
The Wandering Donut

REGISTRATION

Register online at:
solidrockquarryville.com/run

Register by mail:
Print and mail registration forms to Solid Rock Youth Ministries
P.O. Box 682
Quarryville, PA 17566.

Make checks payable to:
Solid Rock Youth Ministries

Pre-registration closes at midnight on July 29, 2026. Registration must be received by July 16, 2026 to be guaranteed a shirt & race bag. *(After this date, shirts & bags will be limited in quantity).*

QUESTIONS? CONTACT US:

Julie Spangler - Race Director
2julz@comcast.net

Solid Rock Team
office@solidrockquarryville.com
717.786.8007



SOLID ROCK 5K & FUN RUN

REGISTRATION FORM

August 1, 2026

 **ENOLA LOW GRADE TRAIL**
301 E. State Street, Quarryville, PA 17566



ALL FIELDS REQUIRED • ONE PERSON PER ENTRY FORM

Digital registration form at solidrockquarryville.com/run

PARTICIPANT INFORMATION

First Name: _____ Last Name: _____

Email: _____ Phone: _____

Address: _____ City: _____ State: _____ Zip: _____

Gender: Male Female Date of Birth: _____ Age on Race Day: _____

Shirt Size: YS YM YL YXL S M L XL 2X 3X

EMERGENCY CONTACT

First Name: _____ Last Name: _____

Relationship: _____ Phone: _____

PAYMENT INFORMATION

Event Type: 5K Individual 5K Team Kids Fun Run

Team Name (if applicable): _____ Payment Total: _____

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WAIVER

I understand that participating in this event is potentially hazardous, and that I will not enter and participate unless I am medically able and properly trained. I am aware the race will be held rain or shine and this race may be transitioned to a virtual race and refunds will not be granted. I assume full and complete responsibility for any injury or accident which may occur while I am traveling to or from the event, during the event, or while I am on the premises of the event. I am also aware of and assume all risks associated with participating in this event, including but not limited to falls, contact with other participants, effects of weather, heat, traffic, and conditions of the road. I, for myself, my heirs, executors and administrators, and anyone entitled to act on my behalf, waive, release and forever discharge the Solid Rock Youth Ministries and all employees, members of the Board of Directors, volunteers, sponsors, their representatives and successors from all present or future known or unknown liabilities claims, actions, or damages arising out of my participation in this event even though that liability may be out of negligence or carelessness on the part of the person named in this/the waiver. If I am a parent or guardian for a participant, I consent to my child's participation and agree to the terms of this waiver and hereby release any derivative claims that arise out of my child's participation. I grant permission to all of the foregoing to use my photographs, recordings or any other record of this event for any legitimate purpose.

IF RUNNER IS UNDER 18 YEARS OLD, PARENT OR GUARDIAN MUST SIGN BELOW. OTHERWISE, RUNNER MUST SIGN.

Signature: _____ Date: _____