

Father Bally Council #1192 & Casey Service Club, Stowe, PA Present the 2nd Annual

Crush the Snake 4M

& 1 Mile Kids Fun Race



Saturday, September 7, 2019 10:00 A.M

LOCATION: Knights of Columbus, Father Bally Council Hall – 675 Constitution Avenue, Pottstown, PA 19646. Registration/ Number pickup opens at 8:00 a.m. 4M race starts at 10:00 a.m., 1 Mile Kids Fun Race at 10:45 (5k Race is run on paved roads, no woods or snakes involved)

COURSE: This race is unlike any other in the area. Uniquely located in Stowe/Pottstown, race starts in the KoC Council Grove, turns left and takes Constitution Ave up the gentle side of Rattlesnake Hill, down the steep side to Manatawny St and goes downhill to Grosstown Road, right on Grosstown Road up to Constitution Ave and ends in the KoC Council Grove. Rain or shine. No refunds or mailed awards. Can you Crush the Snake?

5k AWARDS: All finishers will receive a medal and one free beer! (food and more beer will be available for purchase afterwards) **4M:** Separate awards for the overall male and female winner plus the top three male and female in the following age groups: 14 & under, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+

1M KIDS RUN: Is for 12 yrs old & under: Top 3 Males & Females

ENTRY: 4M: \$30 if postmarked by Friday, August 23rd, 2019 incl. guaranteed T-shirt. Afterwards, incl. race day, \$35 while shirts last, \$28 when gone. 1 Mile Kids Run: For Children 12 & Under. \$5 if postmarked by August 23rd. Afterwards, inc. day of race, \$7. Race day registration for kids run to be CLOSED once we have as many kids' entries as we have grab bags so Pre-register if possible. Also, shirts are not included, due to reduced fee.

Optional Online Registration available at www.pretzelcitysports.com
(Nominal processing fee applies, closes at midnight, the Wed. of race week)

RACE DIRECTOR: Franco M Vella-Gatt – (484) 433-9160 – Caseyserviceclub@gmail.com

MAKE CHECK PAYABLE TO “Casey Service Club”

MAIL CHECK& FORM BELOW TO: Casey Service Club, 104 Rosewyn Lane, Douglassville, Pa 19518 – Atten Franco

Last name _____ First name _____

Address _____ City _____ State _____ Zip _____

Circle one: 4M 1M – Kids Run Sex: M F Race day age: _____ Date of birth ____/____/____

Shirt Size (circle one) : S M L XL Phone: (____) _____ A.M. or P.M.??
circle one or both

Email: (print clearly) _____

Already getting Pretzel City emails regularly? Yes No **WAIVER:** I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic on the course and assume the risk for running in traffic. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the affects of the weather and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Pretzel City Sports, Knights of Columbus Father Bally Council 1192, any subcontractors it utilizes, all municipalities in which the race is held, the race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown. By entering this race, I am granting permission to Pretzel City Sports to use any pictures or likenesses of me secured at the event in any way they see fit without review, restriction or compensation. I HAVE READ AND UNDERSTAND THIS WAIVER: (if under 18, legal guardian must sign)

Signature _____

date ____/____/ 20__