

THE 2nd ANNUAL  
**Bernville Community  
Day 5K**

**Saturday, August 3, 2019 - 9 AM - Bernville, PA**

**LOCATION/REGISTRATION:** Umbenhauer Park in Bernville located on Front Street, follow signs the day of the race. We will have a bib pick up time on Friday, 8/2 from 6 to 8pm at the Bernville Area Library located above Redner's Quick Shop on Rt. 183. Registration the day of will be at the park starting at 7am and closing at 8:30am. Race will start promptly at 9am.

**COURSE:** New course for this year. Mostly road course. Clock at finish with instant results and awards following completion of race. Rain or Shine. No Refunds or mailed awards.

**AWARDS:** Awards for the male & female winners plus: 19 & Under : 3M, 3F 20 - 29: 3M, 3F 30-39: 3M, 3F 40-49: 3M,3F 50-59: 3M, 3F 60+: 3M, 3F

**ENTRY:** For 5K: \$25 if postmarked by July 15, 2019 guaranteed shirt: \$20 if no shirt. Afterwards, inc. day of race, \$30 while shirts last: \$25 with no shirt. ALL proceeds will go to the Bernville Area Library and scholarships for Tulpehocken Cross Country senior athletes.

Optional Online Registration Available at <https://www.pretzelcitysports.com/online-registration/>  
(Nominal service fee applies, closes at midnight, the Wednesday before race day)

**GENERAL DIRECTIONS FOR ALL:** Take 222. Exit at 183 and head North. Approximately 12 miles. Once in Bernville, turn right on 3<sup>rd</sup> street next of fire house. Go 1 block to Main Street Turn right. About 2 blocks and you will see an entrance on the Left for Umbenhauer Park.

MAIL CHECK PAYABLE TO "BACL" please notate "5K" & FORM BELOW TO: BACL, P.O. Box 580, Bernville Pa. 19506. RACE DIRECTOR: Alicea Rodig, 610-488-1302, [baclstaff@berks.lib.pa.us](mailto:baclstaff@berks.lib.pa.us), [www.bernvillelibrary.com](http://www.bernvillelibrary.com)  
.....Please Print Clearly.....

Last name \_\_\_\_\_ First name \_\_\_\_\_

Address \_\_\_\_\_

City/State \_\_\_\_\_ Zip \_\_\_\_\_ Race day age: \_\_\_\_\_ Date of birth \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Race : 5K Sex: M F Phone: (\_\_\_\_) \_\_\_\_\_ A.M. or P.M.??

Shirt Size (circle one): S M L XL email \_\_\_\_\_@\_\_\_\_\_

Already Getting Emails from Pretzel City Sports Regularly?? \_\_\_\_\_ Yes \_\_\_\_\_ No

WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic on the course and assume the risk for running in traffic. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the affects of the weather and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Pretzel City Sports, Bernville Area Community Library and any subcontractors it utilizes, all municipalities in which the race is held, the race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown. I HAVE READ AND UNDERSTAND THIS WAIVER: (if under 18, legal guardian must sign)

signature \_\_\_\_\_ date \_\_\_\_ / \_\_\_\_ / 20 \_\_\_\_