



Nighttime Trail Race

5k, 10k or 15k

Friday, August 23, 2019 7:30 P.M.

Blue Mountain Resort, Palmerton, PA

LOCATION/REGISTRATION: Blue Mountain Resort, 1660 Blue Mountain Drive Palmerton, PA 18071. Race starts and ends in the Valley. Parking in the Valley lot. Registration/number pickup in Valley Adventure Center from 6:00 P.m.-7:00p.m. Trail race starts at 7:30p.m.

DETAILS/COURSE: 5k, 10k or 15k-choose your distance. All races are held on a 5k loop on the grounds of Blue Mountain Resort. The 5k runners will complete one loop, the 10k runners will complete 2 loops and the 15k runners will complete 3 loops. Register for one distance with the option to change during the race. All races are the same price and all begin at 7:30pm. The course will be a combination of fields, woods, service roads and ski trails.

Course will be marked with reflective signs. Runners are required to wear a headlamp. Clock at finish, refreshments, instant results. Rain or shine. No refunds or mailed awards.

AMENITIES: Performance t-shirt and LED glow bracelet guaranteed to all pre-registrants. Free entrance into BeerFest-live music & beer samplings (for runners 21 or over-value of \$45) immediately following race conveniently located in the festival area just beyond race's finish. Event ends promptly at 10pm so run fast! All runners under 21 will receive a voucher for a pass to the Summit Aerial park. Refreshments for finishers, time clock at finish and instant results. Results on www.pretzelcitysports.com in 1-2 days.

AWARDS: The following awards will be given for each distance race: 5k, 10k and 15k Overall Top male and female finishers: Separate Age Group awards for: 18 & under: 3M, 3F 19-29: 3M, 3F 30-39:3M, 3F 40-49: 3M, 3F 50-59: 3M, 3F 60+: 3M, 3F

ENTRY: \$35 if postmarked by Friday, August 9th. includes guaranteed reflective t-shirt AND entry into BeerFest immediately following race (must be 21 or over to enter) or Summit Aerial Park Voucher for 21& under \$45. After August 9th including race day, shirts only available while supplies last.

Optional Online Registration available at www.pretzelcitysports.com
(Nominal processing fee applies, closes at midnight, the Wed. of race week)

RACE DIRECTOR: Michelle Westerman, 484-456-3763 email mwesterman@skibluemt.com or information@skibluemt.com

MAKE CHECK PAYABLE TO "Blue Mountain Resort"
MAIL CHECK & FORM BELOW TO: Glow Burn Attn: Michelle Westerman PO Box 216, Palmerton, PA 18071.

Last name _____ First name _____

Address _____ City _____ State _____ Zip _____

"Goal" distance (circle one): 5k 10k 15k Sex: M F Race day age: _____ Date of birth ____/____/____

Shirt Size (circle one) : Men's XS S M L XL

Phone: (____) _____ A.M. or P.M.?? circle one or both

Email: (print clearly) _____

Already getting Pretzel City emails regularly? ____ Yes ____ No__ **WAIVER:** I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic on the course and assume the risk for running in traffic. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the affects of the weather and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Pretzel City Sports, Blue Mountain Resort any subcontractors it utilizes, all municipalities in which the race is held, the race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown. By entering this race, I am granting permission to Pretzel City Sports to use any pictures or likenesses of me secured at the event in any way they see fit without review, restriction or compensation. I HAVE READ AND UNDERSTAND THIS WAIVER: (if under 18, legal guardian must sign)

Signature _____

date ____/____/ 20__