

05/11/19 Quarryville, PA – Run the Rock 10k Trail Run

| PLACE | Hr | M /S | BIB# | LAST | FIRST | CITY | ST. | SEX | AGE | AWARDS |
|-------|----|-------|------|-------------|-----------|-----------------|-----|-----|-----|---------------|
| 1 | | 53:38 | 212 | RISHEL | DAVID | GORDONVILLE | PA | M | 19 | 1st M Overall |
| 2 | 1: | 07:35 | 187 | FRYMYER | MARC | COLUMBIA | PA | M | 31 | 2nd M Overall |
| 3 | 1: | 09:59 | 218 | SMOKER | DAVID | OXFORD | PA | M | 39 | 1st M 30-39 |
| 4 | 1: | 13:52 | 243 | KOHLER | BRIAN | | | M | 37 | 2nd M 30-39 |
| 5 | 1: | 14:40 | 221 | STOLTZFUS | JOHN MARK | EPHRATA | PA | M | 45 | 1st M 40-49 |
| 6 | 1: | 15:31 | 231 | FISHER | AARON | | | M | 44 | 2nd M 40-49 |
| 7 | 1: | 20:21 | 204 | MARTIN | ERIC | MANHEIM | PA | M | 39 | 3rd M 30-39 |
| 8 | 1: | 21:18 | 196 | COURTLAND | HOWARD | RED LION | PA | M | 64 | 1st M 60 Plus |
| 9 | 1: | 22:17 | 179 | BRENNAN | DAVE | POTTSTOWN | PA | M | 43 | 3rd M 40-49 |
| 10 | 1: | 22:36 | 198 | IRVIN | JOSH | HARLEYSVILLE | PA | M | 43 | |
| 11 | 1: | 23:03 | 206 | MESSERSMITH | ARTHUR | RED LION | PA | M | 65 | 2nd M 60 Plus |
| 12 | 1: | 23:32 | 217 | SHORTS | BARRY | SEVEN VALLEYS | PA | M | 52 | 1st M 50-59 |
| 13 | 1: | 24:39 | 197 | HOWE | TOM | AKRON | PA | M | 52 | 2nd M 50-59 |
| 14 | 1: | 28:49 | 190 | GROFF | KELLY | QUARRYVILLE | PA | F | 31 | 1st F Overall |
| 15 | 1: | 28:50 | 180 | CARE | BRITNEY | NEW PROVIDENCE | PA | F | 29 | 2nd F Overall |
| 16 | 1: | 31:39 | 195 | HOPPING | YOLANDA | WEST CHESTER | PA | F | 56 | 1st F 50-59 |
| 17 | 1: | 32:35 | 209 | NEWMAN | DAVID | EPHRATA | PA | M | 43 | |
| 18 | 1: | 43:24 | 210 | REEVES | ROBBIE | STREET | MD | F | 55 | 2nd F 50-59 |
| 19 | 1: | 43:26 | 227 | TRIMNELL | RON | MECHANICSBURG | PA | M | 51 | 3rd M 50-59 |
| 20 | 1: | 46:39 | 201 | KOHLER | FRED | LANCASTER | PA | M | 66 | 3rd M 60 Plus |
| 21 | 1: | 47:35 | 244 | REGESTER | MIKK | | | F | 40 | 1st F 40-49 |
| 22 | 1: | 51:52 | 215 | RUDY | MICHELLE | SEVEN VALLEYS | PA | F | 42 | 2nd F 40-49 |
| 23 | 1: | 52:08 | 176 | BLAIR | ANTHONY | KING OF PRUSSIA | PA | M | 32 | |
| 24 | 1: | 52:40 | 200 | JOHNSON | LYDIA | STREET | MD | F | 65 | 1st F 60 Plus |
| 25 | 1: | 52:48 | 222 | TIMMINS | DAYNA | PYLESVILLE | MD | F | 51 | 3rd F 50-59 |
| 26 | 2: | 11:48 | 214 | ROBERTS | LAURA | COLUMBIA | PA | F | 33 | 1st F 30-39 |