

06/22/19 Bethlehem, PA – Laughing At My Nightmare 5k Run, Walk and Roll

PLACE	TIME	BIB#	LAST	FIRST	CITY	ST.	SEX	AGE	AWARDS
1	19:20	728	DOBIAS	JEFF	PALMERTON	PA	M	38	1st M Overall
2	20:38		FLEGEL	DAVE			M	49	Virtual Runner
3	20:52	404	GASSLER	TOM	BETHLEHEM	PA	M	50	2nd M Overall
4	21:20	393	SMITH	DAVID	HELLERTOWN	PA	M	56	3rd M Overall
5	22:12	313	DEL PRIORE	ANTONIO	BATH	PA	M	13	1st M 14 & Under
6	22:25	494	JURAN	LOUIS	NAZARETH	PA	M	68	1st M 60-69
7	22:59	432	BONAVITA	VINNY	BETHLEHEM	PA	M	24	1st M 20-29
8	23:06	731	FOWLER	PERCY	BETHLEHEM	PA	M	12	2nd M 14 & Under
9	23:20	528	YOUNG	ALYSSA	WIND GAP	PA	F	37	1st F Overall
10	23:24	606	HUIE	NICOLE	BETHLEHEM	PA	F	40	2nd F Overall
11	23:26	433	DENNY	RYAN	BETHLEHEM	PA	M	24	2nd M 20-29
12	23:28	520	HAPPEL	CHRIS	NAZARETH	PA	M	46	1st M 40-49
13	23:28	367	METZGER	JEFF	BANGOR	PA	M	61	2nd M 60-69
14	23:37	726	DAUGHERTY	PAM	QUAKERTOWN	PA	F	49	3rd F Overall
15	23:39	725	ALICEA	ARIEL	BETHLEHEM	PA	M	56	1st M 50-59
16	23:40	538	PAIL	JOSHUA	BETHLEHEM	PA	M	42	2nd M 40-49
17	23:59	434	SPADT	BRYAN	CONSHOHOCKEN	PA	M	34	1st M 30-39
18	24:12	722	DOLCEMASCOLO	PHIL	MACUNGIE	PA	M	46	3rd M 40-49
19	24:41	715	WACK	JOSIE	NAZARETH	PA	F	13	1st F 14 & Under
20	24:47	587	KEER	ANNA	PALMERTON	PA	F	9	2nd F 14 & Under
21	24:48	586	KEER	WILLIAM	PALMERTON	PA	M	44	
22	24:49	463	SPIRK	MARIA	PHILADELPHIA	PA	F	24	1st F 20-29
23	24:53	330	MUSHLITZ	WALT	EASTON	PA	M	58	2nd M 50-59
24	24:55	727	DOBIAS	GARY	PALMERTON	PA	M	70	1st M 70 Plus
25	25:35	442	WOODRUFF	BEN	EASTON	PA	M	13	3rd M 14 & Under
26	25:47	502	JOHNSON	SCOTT	EASTON	PA	M	51	3rd M 50-59
27	25:49	304	SWANSON	SUZANNE	PHILLIPSBURG	NJ	F	44	1st F 40-49
28	25:52	382	STAMBAUGH	MICHAEL	ABBOTTSTOWN	PA	M	33	2nd M 30-39
29	26:02	503	JOHNSON	GAVIN	EASTON	PA	M	21	3rd M 20-29
30	26:36	371	BARTKUS	WENDY	EMMAUS	PA	F	47	2nd F 40-49
31	26:44	327	MIDDLEBROOK	MICHAEL	NEW PROVIDENCE	NJ	M	22	
32	26:47	602	CORAGGIO	ANTHONY	EMMAUS	PA	M	32	3rd M 30-39
33	26:49	308	BROWN	MICHAEL	BETHLEHEM	PA	M	65	3rd M 60-69
34	26:51	600	BLASKO	KRISTIN	HELLERTOWN	PA	F	41	3rd F 40-49
35	26:55	601	WOLFE	JAMES	BETHLEHEM	PA	M	35	

36	27:06	384	KIMMEL-SMITH	STACEY	BETHLEHEM	PA	F	57	1st F 50-59
37	27:17	398	STANLAW	COURTNEY	PERKASIE	PA	F	26	2nd F 20-29
38	27:19	513	SNYDER	RACHEL	EASTON	PA	F	34	1st F 30-39
39	27:21	326	MIDDLEBROOK	BRIAN	NEW PROVIDENCE	PA	M	52	
40	27:23	386	FEIMSTER	KELLAN	ALBURTIS	PA	M	8	
41	27:24	712	KRAMER	HANNAH	EASTON	PA	F	26	3rd F 20-29
42	27:26	603	HIGH	JIMMIE	APO AE 09012	NY	M	34	
43	27:38	392	SMITH	MARIA	HELLERTOWN	PA	F	50	2nd F 50-59
44	27:42	709	OTTAVIANI	MARK	PHILADELPHIA	PA	M	39	
45	27:47	607	WEHR	JULIANNE	ALLENTOWN	PA	F	31	2nd F 30-39
46	27:50	501	JOHNSON	CARIN	EASTON	PA	F	50	3rd F 50-59
47	27:51	436	ROMFO	CHUCK	EASTON	PA	M	52	
48	27:52	414	RAUP	SAMUEL	BETHLEHEM	PA	M	31	
49	27:59	524	THOMPSON	DILLEN	CRESCO	PA	M	13	
50	28:15	521	THOMPSON	ROB	CRESCO	PA	M	44	
51	28:16	348	NICHOLS	JILLIAN	BETHLEHEM	PA	F	31	3rd F 30-39
52	28:20	344	MANDUKE	LAUREN	FAR HILLS	NJ	F	36	
53	28:23	516	DICKISON	DIANE	STROUDSBURG	PA	F	48	
54	28:35	711	EMS	DANIELLE	LEHIGHTON	PA	F	36	
55	28:42	519	HAPPEL	THOM	BANGOR	PA	M	49	
56	28:50	387	BEST	ELIZABETH	ALLENTOWN	PA	F	64	1st F 60-69
57	28:57	608	WEHR	KEVIN	OREFIELD	PA	M	65	
58	29:23	303	SHELLENBERGER	MELANIE	QUAKERTOWN	PA	F	60	2nd F 60-69
59	29:27	350	NASADOS	CHRISTOPHER	FLEETWOOD	PA	M	49	
60	29:32	438	ROMFO	ANGUS	EASTON	PA	M	14	
61	29:34	499	VERRET	RYAN	BETHLEHEM	PA	M	32	
62	29:35	379	HEIMARK	CHRISTINE	QUAKERTOWN	PA	F	38	
63	29:40	390	HANEY	PATRICIA	PHILADELPHIA	PA	F	66	3rd F 60-69
64	29:55	511	KNECHT	KAILEE	NAZARETH	PA	F	27	
65	29:56	311	DIFEBO	MARY	ALLENTOWN	PA	F	34	
66	29:58	496	LORISH	CYNTHIA	ALBURTIS	PA	F	51	
67	30:00	347	HAYDEN	RACHEL	BALTIMORE	MD	F	26	
68	30:07	346	NUNN	MELISSA	BALTIMORE	MD	F	25	
69	30:09	446	HEACOCK	JIAH	ROYERSFORD	PA	M	20	
70	30:13	314	MICHAUD	ISABELLE	WARMINSTER	PA	F	20	
71	30:14	315	RIPPERT	NICK	WARRINGTON	PA	M	20	
72	30:25	305	HANEY	KATE	BEHTLEHEM	PA	F	64	
73	30:38	724	SANDERCOCK	EVAN	DALTON	PA	M	22	

74	31:07	454	TICE	MICHELLE	WALNUTPORT	PA	F	33	
75	31:10	420	HUGHES	LIAM	BETHLEHEM	PA	M	19	1st M 15-19
76	31:20	569	PETERS	LYDIA	SAYLORSBURG	PA	F	11	3rd F 14 & Under
77	31:23	497	PIERCE	JOSH	EASTON	PA	M	38	
78	31:26	505	PIERCE	AVERY	EASTON	PA	F	8	
79	31:28	481	BAKER	KENNETH	JAMISON	PA	M	50	
80	31:31	590	KERN	HEATHER	EASTON	PA	F	39	
81	31:48	343	LOGAN	DENISE	NEW RINGGOLD	PA	F	52	
82	32:06	562	LAMASTRA	THEA	LENHARTSVILLE	PA	F	18	1st F 15-19
83	32:16	592	ALTER	HEATHER	BETHLEHEM	PA	F	38	
84	32:18	526	GONZALEZ	CHRISTINA	STROUDSBURG	PA	F	34	
85	32:30	560	HARRIS	JULIA			F	0	
86	32:32	412	WINTER	JAKE	BETHESDA	MD	M	20	
87	32:33	413	BERGMAN	MEREDITH	BETHESDA	MD	F	21	
88	32:34	527	GONZALEZ	JASON	STROUDSBURG	PA	M	40	
89	32:53	80	HIGH	STEVE			M	44	Virtual Runner
90	33:03	56	DUGAN	TIMOTHY			M	30	Virtual Runner
91	33:22	559	HARRIS	NICOLETTE			F	22	
92	33:27	580	SUN	JERRY	DURHAM	NC	M	21	
93	33:42	173	TOPOLIN	TRACY			F	34	Virtual Runner
94	33:52		COLFER	DIANE			F	53	Virtual Runner
95	33:58	359	FENSTERMAKER	DANIELLE	EASTON	PA	F	43	
96	34:06		EL SARHA	JAILAN			F	48	Virtual Runner
97	34:09	566	PETERS	LORRAINE	MIDDLETOWN	NJ	F	52	
98	34:23	480	HARDING	RUSS	DOYLESTOWN	PA	M	60	
99	34:35	567	PETERS	ROBERT	SAYLORSBURG	PA	M	48	
100	34:45	377	MAGEE	ERIN	LANCASTER	PA	F	23	
101	34:50	319	STERNER	COREENA	CATASAUQUA	PA	F	45	
102	35:03	522	THOMPSON	STEPHANIE	CRESO	PA	F	44	
103	35:13	729	BLANCHARD	DANIEL	FLEETWOOD	PA	M	55	
104	35:23	301	SCHRADEN	AMY	LEHIGHTON	PA	F	52	
105	35:40	500	VERRET	NICOLE	BETHLEHEM	PA	F	33	
106	35:48	456	HARTNETT	DANIEL	BETHLEHEM	PA	M	64	
107	35:54	563	OLEN WINE	MELANIE	BETHLEHEM	PA	F	56	
108	36:05	595	HARDMAN	HOLDEN	PENSACOLA	FL	M	26	
109	36:08	721	JOHNSON	ADRIENNE	BROOKLINE	MA	F	27	
110	36:18	391	ROSSI	JUSTINE	FREEMANSBURG	PA	F	47	
111	36:18	342	MILLAN	HEATHER	BETHLEHEM	PA	F	47	

112	36:28	440	SPADT	JESSICA	CONSHOHOCKEN	PA	F	34	
113	36:37	443	BAKER	CRISTINA	ROSEDALE	MD	F	27	
114	37:14	598	POWERS	NATHAN	ALLENTOWN	PA	M	11	
115	37:16	355	HOOSE	JENNIE	QUAKERTOWN	PA	F	35	
116	37:16	540	PAIL	LINCOLN			M	6	
117	37:18	537	PAIL	TIFFANY	BETHLEHEM	PA	F	42	
118	37:20	597	POWERS	JACKSON	ALLENTOWN	PA	M	14	
119	37:27	341	DAVIS	KAREN	BETHLEHEM	PA	F	51	
120	37:28	340	DAVIS	DAN	BETHLEHEM	PA	M	52	
121	37:29	369	TURZANSKI	MICHELLE	BETHLEHEM	PA	F	33	
122	37:30	370	STEPONGZI	JODI	ALLENTOWN	PA	F	43	
123	37:39	439	VIDAL	ELLEN	LANOKA HARBOR	NJ	F	52	
124	37:46	435	CANTELM I AGENTIS	TINA	BETHLEHEM	PA	F	61	
125	37:50	419	CORREDATO	JULIE	BETHLEHEM	PA	F	44	
126	37:52	498	PIERCE	MICHELE	EASTON	PA	F	37	
127	37:52	495	CLARK	TY	EASTON	PA	M	48	
128	37:58	455	CELLI	SANDRA	HACKETTSTOWN	NJ	F	56	
129	38:05	599	POWERS	MADELYN	ALLENTOWN	PA	F	10	
130	38:06	596	POWERS	CHRIS	ALLENTOWN	PA	M	0	
131	39:21	561	LAMASTRA	CLARA	LENHARTSVILLE	PA	F	13	
132	39:24	397	HILLMAN	CHELSEA	NAZARETH	PA	F	17	2nd F 15-19
133	40:46	362	GERSTENBERG	KERI	BETHLEHEM	PA	F	32	
134	40:48	363	DÂ€™ANGELO	CINDY	ALPHA	NJ	F	60	
135	40:50	374	HAAS	SAMANTHA	LEWISBURG	PA	F	22	
136	40:52	375	BORDNER	SHANA	LEWISBURG	PA	F	23	
137	40:53	322	CASTAGNA	COURTNEY	CHESTER SPRINGS	PA	F	21	
138	40:54	323	ABDULLAH	RASHID	CHESTER SPRINGS	PA	M	25	
139	42:37	579	SUN	AI WEI	DURHAM	NC	F	25	
140	42:49	441	MEYERS	WENDY	EASTON	PA	F	64	
141	43:40	444	BAKER	DAVID	ROSEDALE	PA	M	29	
142	43:48	320	FEGLEY	MEGAN	OREFIELD	PA	F	43	
143	44:21	401	CURCIO	TAMMY	BETHLEHEM	PA	F	56	
144	44:23	714	BUSS	PATRICE	BETHLEHEM	PA	F	67	
145	44:24	345	ROSSI	JONATHAN	FREEMANSBURG	PA	M	33	
146	44:25	422	BROOKS	BRIAN	MORRISTOWN	NJ	M	18	2nd M 15-19
147	48:53	604	STIESI	LINDSEY	MORRIS PLAINS	NJ	F	19	3rd F 15-19
148	48:54	605	STIESI	JENNA	MORRIS PLAINS	NJ	F	19	
149	49:29	389	WINTERMANTEL	ALINE	ALLEGANY	NY	F	19	

150	49:32	718	WERKHEISER	MAKENZIE	EASTON	PA	F	9	
151	49:32	388	WINTERMANTEL	CHERYL	ALLEGANY	PA	F	52	
152	49:33	720	WERKHEISER	KATIE	EASTON	PA	F	43	
153	49:34	719	WERKHEISER	GAVIN	EASTON	PA	M	11	
154	49:35	581	STOFANAK	VANESSA	BATH	PA	F	44	
155	50:00	525	GRILLO	ABIGAIL	LIMERICK	PA	F	16	
156	50:05	489	SLIFER	BUD	LANSDALE	PA	M	52	
157	50:15	423	HOLMES	KATI	BANGOR	PA	F	34	
158	50:16	352	WILLIAMS	STEPHANIE	BETHLEHEM	PA	F	56	
159	50:47	445	BENINCASA	REBECCA	HAVRE DE GRACE	MD	F	16	
160	50:47	351	BOYER	PAMELA	BETHLEHEM	PA	F	55	
161	50:49	437	VIDAL	LILY	LANOKA HARBOR	NJ	F	15	
162	50:49	356	HOOSE	RUTH ANN	SELLERSVILLE	PA	F	68	
163	51:15	517	RUPPRECHT	ANGIE	STROUDSBURG	PA	F	42	
164	51:16	529	LANDRO	JENNIFER	SAYLORSBURG	PA	F	53	
165	51:18	518	HAPPEL	KRISTINE	BANGOR	PA	F	51	
166	51:41	610	GRULA	CARRIE	SUGARLOAF	PA	F	46	
167	51:43	609	GRULA	FAITH	SUGARLOAF	PA	F	17	
168	51:44	378	SOLER	BRIAN	LEHIGHTON	PA	M	50	
169	51:45	457	HARTNETT	DONNA	BETHLEHEM	PA	F	59	
170	52:04	307	BARRON	TERESA	BETHLEHEM	PA	F	61	
171	52:06	402	STEINBERG	ALLI	OWINGS MILLS	MD	F	30	
172	52:07	403	STACKOWITZ	JEN	GLEN BURNIE	MD	F	33	
173	52:08	530	GRILLO	HANNAH	LIMERICK	PA	F	20	
174	52:09	730	SMALE	MEGAN	STROUDSBURG	PA	F	21	
175	52:10	515	GRILLO	GREG	LIMERICK	PA	M	57	
176	53:19	512	LEIBENGUTH	DEBBIE	DANIELSVILLE	PA	F	56	
177	53:34	738	CORVINO	MICHAEL	BETHLEHEM	PA	M	60	
178	53:37	739	CORVINO	KATE	BETHLEHEM	PA	F	57	
179	53:40	594	WHITE	MARIA	MORGANTOWN	PA	F	44	
180	53:43	428	SABOL	PARISHA	EASTON	PA	F	43	
181	53:51	336	DEMCHAK	RICHARD	EASTON	PA	M	60	
182	53:52	335	DEMCHAK	LINDA	EASTON	PA	F	58	
183	53:57	447	HEACOCK	MARY JO	ROYERSFORD	PA	F	41	
184	54:05	474	MILLS	MICHELE	LANSDALE	PA	F	55	
185	54:06	487	SLIFER	BRYANNA	LANSDALE	PA	F	17	
186	54:28	713	BLUDER	MARY CATHERINE	QUAKERTOWN	PA	F	59	
187	55:16	449	CARLIN	CHRISTINA	WIND GAP	PA	F	11	

188	55:20	734	CARLIN	BILL	WINDGAP	PA	M	46	
189	55:23	448	CARLIN	AMY	WIND GAP	PA	F	40	
190	55:26	408	POTTS	PATTY	PHILLIPSBURG	NJ	F	58	
191	55:29	409	EDMISTON	PEGGY	PHILLIPSBURG	NJ	F	58	
192	56:17	716	GRZYB	TALISHA	NEW CASTLE	DE	F	27	
193	56:19	717	GRZYB	QUENTIN	NEW CASTLE	DE	M	32	
194	56:24	381	SCHWARTZ	ABBY	ABBOTTSTOWN	PA	F	30	
195	57:07	741	REYNOLDS	HENRY			M	7	
196	57:51	742	REYNOLDS	LUCY			F	9	
197	57:53	383	REYNOLDS	RACHEL	BETHLEHEM	PA	F	67	
198	59:03	430	TORRES	ALEXANDRA	HARRISON	NJ	F	22	
199	59:05	431	TORRES	DAVID	HARRISON	NJ	M	14	
200	65:01	396	NORTON	LISA	MONROE	MI	F	52	