

**2019 Speedwell DRY-Bi / Saturday Sept. 14, 9:00 am  
Speedwell Forge Lake, Lititz, PA**

## Trail Run & Kayak Race

Race consists of 4.8 miles running and 2.7 miles paddling. Competitors can register solo or as a two-person relay team.

**LEG 1 RUN:** Run the 'LASSO', a 2.8-mile dirt trail with 3 creek crossings, roots and sharp elevation changes. Bomb a wicked downhill portion of trail on the way back to the asphalt finish. The asphalt portion is 2 miles totaling 4.8 miles of beautiful forest running.

*TAG your partner OR GRAB your BOAT for the...*

**LEG 2 PADDLE:** Easy put in and take out, paddle 2.7 miles around the lake and race to the finishing dock.

**Registration – open now:** <https://www.ridefloatrun.org/>

- Solo Racer (\$50) you will be doing the entire race yourself.
- Duo Team (\$80) one runner and one boater.

Last day for MAIL-IN registration is 9/3. All registration closes at 11:59pm September 13<sup>th</sup>, no 'day of race' registration. Shirt sizes are only guaranteed to be available until 8/31. **Everything you need to know about this race is in the Racer's Welcome Packet at <https://www.ridefloatrun.org>. PLEASE read this packet! It contains PA Fish & Boat rules and kayak requirements for paddling on Speedwell Forge Lake. There will be no refunds for non-compliance!**

**Awards presented to** top 3 overall male & female SOLO Biyakers. 1st and 2nd place male & female SOLO Biyakers in age brackets: Juniors (16-19), Adults (20-39), Masters (40-59) and Grand Masters (60+). Award for 1st place Biyaking TEAM.

**Waivers are a race morning requirement.** No exceptions or refunds. Mother Nature is in charge... the course may change prior to the event. We will keep registered racers with valid email addresses updated accordingly. This event is rain or shine! **No refunds for hazardous weather cancelations.**

The first 50 racers to register get preferred parking next to the lake so register quick if you don't want to ride RFR's shuttle van. **The van is OK, it's the driver you got to watch out for!**

### MAIL-IN REGISTRATION

Make checks payable to Ride Float Run and mail to: 120 N New St, Lititz, PA 17543. Mail entries must be postmarked PRIOR to Sept. 4<sup>th</sup>.

Registering as (circle one)		One shirt per racer. Enter quantity under each size. (size not guaranteed after August 31 <sup>st</sup> )						Donation to Warwick Education Foundation?	Total on check
Bi Solo \$50	Bi 2 person \$80	Youth L	S	M	L	XL	XXL		

Please print - **\*\*If you are registering as a team please enter a Team Name and your Team Member Names\*\***

Last Name		First Name	
Street	City	State	Zip
Email		IF solo – Age on race day and Gender	
**Team Name**			
**Team Member Names**			
Emergency contact name & number			