

5K Race at the Lake!

at Lehigh County's Leaser Lake

Located near Wanamakers & New Tripoli, PA

2nd Annual Race Sponsored by the Kempton Lions Club

100% of Proceeds Will Fund Community Programs

Saturday, September 7, 2019 9:00am 5K Trail Run & 2K Walk (Kids Fun Run @ 8:30)

WHO: Runners of all ages, bring family, friends and coworkers!
Walkers will use the separate scenic west shoreline trail.

WHAT: 5K trail race, 2K trail walk (separate trail), Kids Fun Run.

WHERE: Just north of Wanamakers, PA, at scenic Leaser Lake in western Lehigh County at the foot of Blue Mountain. The course will start in the western parking lot, cross newly installed bridge across the dam, and cover trails on the eastern side before returning to the finish at the Lions Club handicap accessible canoe and kayak launch.

WHEN: Saturday, September 7th, 2019

8:00 am Registration begins

8:30 am Kids Fun Run – approximately 0.3K (~300 yds) in length

9:00 am 5K Trail Race & 2K Walk

10:00 am Award presentation at finish line area

HOW: TO REGISTER, COMPLETE THE FORM BELOW.

RESULTS: Finish line and timing service by Pretzel City Sports.

Results will be posted on www.pretzelcitysports.com
1, 2, and 3 miles will be marked on course.

AWARDS: 5K awards presented to top three (3) male and three (3) female finishers in each of the following age brackets: 14 & under, 15-19yrs, 20-29yrs, 30-39yrs, 40-49yrs, 50-59yrs, 60-69yrs, & 70+ yrs.

Scholastic team awards using cross country scoring will be presented if sufficient teams are registered prior to August 1st.

DIRECTIONS: Leaser Lake is located just north of Kings Highway (Route 143), between the villages of Jacksonville and Wanamakers. PA

Parking is available at:

West side of lake parking lot (start & finish area) –

GPS address is 8500 Follweiler Court, Kempton, PA 19529

East side of lake parking lot –

GPS address is 8498 Pleasure Court, Kempton, PA 19529

REGISTRATION: Registration & start/finish line are located on the west side of the lake adjacent to the handicap accessible canoe & kayak launch. Updates on Facebook [@KemptonPALionsClub](https://www.facebook.com/KemptonPALionsClub)

RACE DIRECTOR: Contact Frank Lyter with questions at KemptonPaLions@gmail.com or 484-263-0294

Kempton Lions Club Leaser Lake 5K Trail Race. TO REGISTER, COPY & COMPLETE THIS FORM FOR EACH PARTICIPANT.

SELECT: ___ 5K RUN ___ 2K WALK ___ KIDS FUN RUN ___ DONATION to support Kempton Lions community projects. Thank you!

Register by August 1 st – INCLUDES T-SHIRT		
INDIVIDUAL ADULT RUNNER	___	\$25 each
16 & under or scholastic team member with min. of 4 members* Scholastic Team Name: _____	___	\$20 each
Register after August 1 st thru race day – T-SHIRT AVAILABLE ONLY WHILE SUPPLIES LAST		
INDIVIDUAL ADULT RUNNER	___	\$30 each
16 & under or scholastic team member with min. of 4 members* Scholastic Team Name: _____	___	\$25 each
Kids 12 & under Fun Run. Does NOT include a T-shirt unless a paid option is selected above, and while supplies last if registered after August 1 st .	___	\$0 (no fee)

Online registration available at <https://www.pretzelcitysports.com/online-registration/> Closes at midnight, Wed. Sept 4th. Nominal service fee applies.

* Note: Scholastic team registration is available by mail-in day-of-race registration only. For mail-in registrations all team member forms & payment must be mailed in one envelope.

For mail-in registration, send checks payable to Kempton Lions Club to: Kempton Lions Club Treasurer, 72 Mountain Rd, Kempton, PA 19529

Name _____ Address _____

Please print

City _____ State _____ Zip _____ Phone _____

E-mail address _____ Age (on Race Day) _____ Male ___ Female ___

T-shirt size (circle one)

Adult: S M L XL XXL

WAIVER/RELEASE: I hereby waive all claims against the race director, race officials and volunteers, any and all sponsors including, but not limited to Kempton Lions Club, Lehigh County, and all their representatives and successors from any injury or liability I might suffer in this event. I attest that I am physically fit and prepared for this event. I assume all risks associated with running in this event including, but not limited to: falls; contact with other participants; the effects of the weather, including high heat and/or humidity; and the condition of the trail; all such risks being known and appreciated by me. I grant full permission for organizers to use my name and /or pictures in legitimate accounts and promotions of this event.

Signature (Parent or guardian's signature if less than 18 years of age.): _____ Date _____