

**THIRD ANNUAL!**

**FIVE ALARM**

**5K**



**2019**

**2 MILE FUN RUN &  
1 MILE KIDS RUN!**

**Saturday, October 26**

**Bucks County Community College– Perkasie**

**Register or Donate:  
[Perkasiefd.org/fivealarm5k.html](http://Perkasiefd.org/fivealarm5k.html)**



**Best Overall Winner! Raffle Prizes!  
Top 3 Male & Female Winners for  
Each Age Group!**

All proceeds will be donated to the Perkasio Fire Company  
and Local Firefighter Scholarships!

# FIVE ALARM 5K

2 MILE FUN RUN &  
1 MILE KIDS RUN!

## 2019

**Saturday, October 26<sup>th</sup>**

**Bucks County Community College**  
**Upper Bucks Campus, 1 Hillendale Rd., Perkasio**

**Course:** A scenic race through East Rockhill Twp.  
and along the Perkiomen Creek.

**Times:** **7am-** Registration begins  
**8am-** 2 Mile Fun Run/ Dog Walk  
**8:30am-** 1 Mile Kids Run (Age 14 & Under)  
**9am-** 5K Run/ Walk  
**10am-** Awards, Raffles, 50/50



Facebook.com/FiveAlarm5K

**Online Registration or to Donate:**

**Perkasiefd.org/fivealarm5k.html**

**\*\*Please Note:** Online registrations will close at  
midnight on October 23rd.

**Checks or Money Orders, (NO CASH), due by 10/18/19,**

**Payable to: Sisters U**

**528 W. Market Street, Perkasio, PA 18944**

- T-SHIRTS will be available while supplies last.
- NO REFUNDS – race held rain or shine.
- Strollers and pets welcome; will need to start in the back.
- Race timed by Pretzel City Sports (results will be posted the day of and on their website, 24-48 hours after the race)

**Best  
Overall  
Winner!**

**Raffle  
Prizes!**

**Top 3 Male &  
Female Winners  
for Each Age Group!**

**SPONSORED BY:**



For more information call Dr. Rodney Altemose at 215-258-7750 or email [rodney.altemose@bucks.edu](mailto:rodney.altemose@bucks.edu)

**Name:** \_\_\_\_\_ **DOB:** \_\_\_\_\_ **Age:** \_\_\_\_\_ **Sex:** M or F

**Phone:** \_\_\_\_\_ **Email:** \_\_\_\_\_

**Address:** \_\_\_\_\_ **T-shirt size:** XS S M L XL XXL

\_\_\_ 5K or \_\_\_ 2 Mile Fun Run postmarked by October 12 (\$25)

\_\_\_ 1 Mile Kids Run, (Age 14 & Under) (\$15)

\_\_\_ 5K or \_\_\_ 2 Mile Fun Run postmarked after October 12 (\$30)

**Total Amount Enclosed: \$** \_\_\_\_\_

\_\_\_ 5K or \_\_\_ 2 Mile Fun Run postmarked by October 12 (\$15) (Special Pricing for Firefighter/EMT Workers only!)

**Waiver and Release:** I, the undersigned (over age 18) intending to be legally bound, do hereby waive and release all rights, claims, demands, and/or causes against , Sisters U, Bucks County Community College, FindYes Fitness & Nutrition , East Rockhill Township and all other race sponsors for a personal injury which I might sustain during the race, immediately known to me or hereafter discovered and for any and all other damages to losses which I might incur now or in the future arising from or out of my participation in this race, and on my travel to and from this race. I verify that I am physically fit and have trained sufficiently. Permission is granted to use my photograph and name for any and all purposes.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

(If under the age of 18, a parent or guardian's signature is required.)

Please detach and send in bottom portion with check.

