

THE KNIGHTS OF COLUMBUS, QUAKERTOWN, PA PRESENTS:
THE 2nd ANNUAL

Jack-O-Lantern



5K & 10K



Sat, November 2, 2019 - 9 AM - Quakertown, PA

LOCATION/REGISTRATION: Starts at St Isidore School, 603 W. Broad Street, Quakertown, PA; Registration/number pickup at the school, starting at 7:30 AM. 5K & 10K at 9:00 AM.

COURSE: Wheel measured course; A mix of roads and paved trails on a flat course. There is a 90 min time limit for completing either the 5K or 10K.

AMENITIES: Technical long sleeve shirt to those that preregister for 5K & 10K by October 18, 2019. Refreshments for finishers, indoor restroom facilities, indoor waiting area pre and post race, plenty of parking, time clock at finish and instant results. Held rain or shine. No refunds or mailed awards.

AWARDS: The 5K & 10K Runs will have awards for the top overall female & male winners and overall master female and male. Age groups for both races will be the top three female and male runners in the following categories: 19 & Under, 20-29, 30-39, 40-49, 50-59, 60+. Results on www.pretzelcitysports.com in 1-2 days.

PUMPKIN CHALLENGE: Runners of both the 5K & 10K Runs can opt in to participate in the Pumpkin Challenge for an additional fee. Runners will be required to carry (Sorry, no bags or carrying devices allowed) a 1 – 5 pound pumpkin during the entire race. The weight of the pumpkin is dependent on what is supplied by the farmer. If the runner makes it back with the pumpkin still intact, the runner will be able to take the home the pumpkin as well as some “bling”.

ENTRY: 5K & 10K Run: \$25 if registered by Aug. 15, 2019. \$30 if registered by Oct. 18, 2019. \$35 thru Race Day.
5K & 10K Run w/ Pumpkin Challenge: \$32 if registered by Aug. 15, 2019. \$37 if registered by Oct 18, 2019. \$42 thru Race Day.
Race day registration will be accepted, cash or check only.

GENERAL DIRECTIONS: **From Allentown and North:** Take Rt. 309 South into Quakertown. Turn left onto Rt. 313 (Broad Street). Follow Rt. 313 (Broad Street) for approximately 1 mile. You will pass St Isidore School on left. Make a left at 4th Street and follow signs for parking.
From Philadelphia and South: Take PA Turnpike Northeast Extension to Exit 44 for Quakertown. At the traffic light after the toll plaza make a left onto Rt. 663 (John Fries Highway). After crossing Rt. 309, Rt. 663 becomes Rt. 313 (Broad Street). Follow Rt. 313 for approximately 1 mile. You will pass St Isidore School on left. Make a left at 4th Street and follow signs for parking.

OTHER IMPORTANT INFO: No strollers or animals allowed due to narrow path areas.

Proceeds go to local charities of the Knight's of Columbus including the St. Isidore Community Food Bank, Scouts BSA and Girl Scout programs, and other local Quakertown charities

Questions: Email any questions to JOLRaceDirector@gmail.com.

Online Registration Available at https://www.pretzelcitysports.com/calendar_event/jack-o-lantern-5k-10k/
(Nominal service fee applies, closes at midnight, the Wednesday before race day). No mail applications will be accepted.