

Race Registration Form

Run Information: *(Check event entered)*

5k Walk/Run 1 Mile Fun Walk/Run

By September 10th, 5k and 1 Mile Fun Run Fee is \$25 and it includes a Shady Maple Breakfast Sandwich and a guaranteed t-shirt. After September 10th including race day, the fee is \$30, breakfast included but shirts available while supplies last.

Shirt Size: *(Check One)*

S M L XL

Runner's Information:

Last Name: _____

First Name: _____

Male Female Age on Race Day: _____

Address: _____

City: _____ State: _____

Zip: _____ Email: _____

Volunteers will be on hand to guide participants, but roads will be open to traffic.

In consideration of your permitting me to participate in this event, on behalf of myself, my heirs, executors, administrators, successors, and assigns, I hereby waive and release all rights and claims for damages which I may have against you or your assigns, the municipalities in which the event occurs, or anyone connected with the event, their heirs, executors, administrators, successors, and assigns, for any and all injuries or illnesses which I may suffer as a result of taking part in the event. I grant my permission to use my name or any audio or visual recording for any lawful purpose.

I have read & understand the above waiver.

Signature: _____

Parent's Signature if applicant is under 18 years of age.

Date: _____

Course Description:

One of Lancaster County's most beautiful parks. There are hills and woodland. It is a combination of sidewalks/paved trails. There will be 1 water stop during the race, at approximately mile 1.5.



Loyd H Roland Memorial Park

221 N 11th St.

Akron, PA 17501



Race Sponsor:

Shady Maple Benevolence Committee

129 Toddy Dr.

East Earl, PA 17519

Shady Maple Benevolence Committee

5k Walk/Run 1 Mile Walk/Run

Saturday, September 28, 2019

Loyd H Roland Memorial Park
Akron, PA

Registration opens at 7:15 am.

5k begins at 8:00 am.

1 Mile Fun Run starts at 9:00 am.

Benefits CrossNet's Pathways to Housing

"Home is where our story begins."





CrossNet is addressing affordable housing & homelessness in the ELANCO community.

WHO:

CrossNet's Pathways to Housing Program provides safe and affordable housing to individuals, families, seniors, and/or veterans who are experiencing or are about to experience homelessness in the ELANCO community. We currently have one apartment at Trinity Lutheran Church and will be adding two additional apartments in partnership with Petra Church in August 2019.

WHY:

There are many barriers for those who are under-resourced, and we believe that each person in our community should have a safe and affordable place to live.

GOALS OF PATHWAYS:

1. For participants to exit the program, after one year, able to afford fair market rent in Lancaster County.
2. For participants to increase their relational resources and income.
3. For participants to increase their credit score and receive a favorable housing referral.

100% of proceeds from this event will be donated to CrossNet's Pathways to Housing Program.

For more information about CrossNet's Pathways to Housing call 717-355-2454 or visit elancocross.org

CrossNet Ministries Office
123 W. Franklin St.
New Holland, PA 17557

Race Questions:

Gwendolyn Zahm
gzahm@shady-maple.com
Business (717) 354-8222 ext. 832
Cell (717) 271-2615

Pre-Registration Fee for 5k and 1 Mile Fun Walk/Run

Deadline: September 10, 2019

\$25 for 5k Walk/Run (including T-shirt and breakfast sandwich)

Fee after September 10th and Day of Race Registration

\$30 for 5k and 1 Mile Fun Walk/Run (T-shirts available while supplies last)

Pre-Registration packet available for pick up on Saturday, September 28, 7:15 am, at Loyd H Roland Memorial Park.

Online Registration: www.pretzelcitysports.com
(closes at midnight Wed, Sept 25, 2019; nominal service fee applies)

Please mail completed form by September 7th w/ payment to:

Shady Maple Smorgasbord, c/o Gwendolyn Zahm
129 Toddy Dr.
East Earl, PA 17519

Make checks payable to "Shady Maple." In the memo, write "Shady Maple 5k."

Rain or Shine Event
Loyd H Roland Memorial Park
221 N 11th St.
Akron, PA 17501

Prizes will be awarded to first overall male and female finishers and top three male and female in 14 + under, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, and 70+.

Award given to the individual that gets the most sponsors.

Post Walk/Run breakfast sandwich included for racers.