

# 2<sup>nd</sup> ANNUAL WHOOPIE PIE 5K

## Saturday, November 30, 2019



### 5K Run / Walk to Benefit Relay for Life

- WHEN:** Saturday, November 30, 2019  
 7:30 AM- Registration  
 9:00 AM- 5K Run/Walk  
**\*Awards to Follow**
- WHERE:** Cocalico Eagle Stadium:  
 700 South 4<sup>th</sup> Street, Denver, PA 17517  
 The course takes a flat route through Lancaster County residential and farm country. Excellent for PR's, kids, and jogging strollers.
- ENTRY:** Adults: \$30 with guaranteed T-Shirt- if postmarked by Friday, November 1, 2019  
 \*After that date, including race day, T-Shirts available while supplies last.  
 \$35 – after Friday, November 1, 2019 including race day. T-Shirts available while supplies last.  
 \$25 without T-Shirt  
 Youth- 12 yr. & under: \$20; T-Shirt not included.
- AWARDS:** TOP MALE & FEMALE OVERALL. Plus TOP 3 MALE & FEMALE IN EACH AGE GROUP  
 14 & under, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 & over. Professionally timed by Pretzel City Sports. Results posted to [www.pretzelcitysports.com](http://www.pretzelcitysports.com), Monday following race. \*Must be present for award. Awards not mailed.
- AMENITIES:** Enjoy a pumpkin whoopie pie and other refreshments after race! Raffle Tickets & Prizes available. Every participant gets one raffle ticket; more available for purchase. Held Rain or Shine.
- DIRECTIONS:** 222 to Exit for Denver/PA Turnpike. Follow 272 South. Turn right at light (at Riviera Restaurant) onto West Church Street. Continue to Main Street, Denver. Turn left at light onto South 4<sup>th</sup> Street. Stay to right at "Y" in road. Stadium on right.
- PARKING:** Denver Elementary School, Cocalico Stadium and along 4<sup>th</sup> Street.
- CONTACT:** Allison Weber- Race Director, [jna1228@gmail.com](mailto:jna1228@gmail.com) or 717-587-9998  
**\*\*\*Optional Online Registration available at [www.pretzelcitysports.com](http://www.pretzelcitysports.com)**  
**(Nominal processing fee applies, closes at midnight, the Wed. of race week)**

**MAKE CHECK PAYABLE TO: Sheri Golembiewski**

**MAIL CHECK & FORM BELOW TO: Sheri Golembiewski | 106 S. Elm St. | Robesonia, PA 19551**

Last name \_\_\_\_\_ First name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Sex: M F Race day age: \_\_\_\_\_ Date of birth \_\_\_\_/\_\_\_\_/\_\_\_\_

Shirt Size (circle one): S M L XL XXL No T-Shirt Phone: (\_\_\_\_) \_\_\_\_\_

Email: (print clearly) \_\_\_\_\_

**Already getting Pretzel City emails regularly? \_\_\_\_\_ Yes \_\_\_\_\_ No** **WAIVER:** I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic on the course and assume the risk for running in traffic. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the affects of the weather and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Pretzel City Sports, Plowing Over Cancer, any subcontractors it utilizes, all municipalities in which the race is held, the race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown. By entering this race, I am granting permission to Pretzel City Sports to use any pictures or likenesses of me secured at the event in any way they see fit without review, restriction or compensation. Insurance provided by Road Runners Club of America. No Liability to Denver Borough or West Cocalico Township.

I HAVE READ AND UNDERSTAND THIS WAIVER: (if under 18, legal guardian must sign)

Signature \_\_\_\_\_

date \_\_\_\_/\_\_\_\_/ 2019