The Wyndcroft School is proud to offer our Second Annual:

Wyndcroft 5k Run

& 1 Mile Fun run/walk

Sunday, Sept 22, 2019 9:00 A.M

Flat & Fast Course

LOCATION: Riverfront Park, located in Pottstown. Registration and bib pickup opens at 8:00 a.m. 5k starts at 9:00 a.m. 1 Mile Fun run/walk at 9:30 a.m.

COURSE: <u>FLAT</u>, FAST wheel measured course on mostly shaded Schuylkill River Trail. GREAT place to PR! Clock at finish, refreshments. Rain or shine. No refunds or mailed awards.

- AWARDS:5K:Separate awards for the overall male and female winners:
14 & under: 3M, 3F 15-19: 3M, 3F 20-29: 3M, 3F 30-39:3M, 3F
40-49:3M, 3F 50-59:3M, 3F 60+: 3M, 3F
Fun Run:No fun run/walk awards but grab bags for all finishers.
- ENTRY:5k:\$25 if postmarked by Saturday, September 1, 2019. Includes guaranteed t-shirt.
Afterwards/race day: \$30. Shirts while supplies last.Fun Run:\$10 if postmarked by Saturday, September 1, 2019. Includes guaranteed t-shirt.
Afterwards and race day: \$15. Shirts while supplies last.

Optional Online Registration available at <u>www.pretzelcitysports.com</u> (Nominal processing fee applies, closes at midnight, the Wed. of race week)

DIRECTIONS FROM COLLEGEVILLE AREA: Get on US-422 W. Follow US-422 W to S Hanover St in South Pottstown. Take the Hanover St exit from US-422 W. Follow S Hanover St and College Dr to Keystone Blvd in Pottstown.

DIRECTIONS FROM READING AREA: Get on US-422 E in West Reading. Follow US-422 E to Benjamin Franklin Hwy in Douglassville. Take the exit toward Pottstown from US-422 E. Follow Benjamin Franklin Hwy and W High St/SR 4031/State Rte 4031 to Keystone Blvd in Pottstown.

RACE DIRECTOR- Ken Dorris, 610-326-0544 ex 119, email kdorris@wyndcroft.org More info at www.wyndcroft.org

| Make check payable to The Wyndcroft School Mail this form to 112 West 36 th Street, Reading, PA 19606 | | | | | |
|---|----------------|---------------|---------------|-------|----------------|
| Last name | | First nam | ne | | |
| Address | | City | | State | Zip |
| Circle one: 5K 1M | Sex: M F | Race day age: | Date of birth | / | _/ |
| Shirt Size (circle one) : | YS YM YL S M L | XL | Phone: () | | A.M. or P.M.?? |
| Email: (print clearly) | | | | | |

Already getting Pretzel City emails regularly? _____ Yes ____ No___ WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic on the course and assume the risk for running in traffic. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the affects of the weather and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Pretzel City Sports, The Wyndcroft School, any subcontractors it utilizes, all municipalities in which the race is held, the race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown. By entering this race, I am granting permission to Pretzel City Sports to use any pictures or likenesses of me secured at the event in any way they see fit without review, restriction or compensation. I HAVE READ AND UNDERSTAND THIS WAIVER: (if under 18, legal guardian must sign)

Signature _