



CW Mini-THON presents the 2nd annual

Homecoming Hustle Glow 5k

Saturday, Sept. 28, 2019 7:00 PM

Join us to kick off a week of Homecoming celebrations and help CW Mini-THON fight childhood cancer!

- LOCATION:** Conrad Weiser High School, 44 Big Spring Road, Robesonia, PA. Registration/bib pickup opens at 6:00 p.m., 5k starts at 7:00 p.m.
- COURSE:** NEW course this year. Run will occur on school grounds and paved streets through Robesonia. Clock at finish, refreshments, glow sticks, live music, instant results. Rain or shine. No refunds or mailed awards.
- AWARDS:** Awards for overall male and female winners as well as the top 3 males and females in each age group.
Age groups: 14 & under, 15-19, 20-29, 30-39, 40-49, 50-59, 60+
- ENTRY:** 5k: \$25 if postmarked by Fri., September 13, 2019 including guaranteed t-shirt and glow sticks.
After September 13th, including race day, \$30 (shirt/glow sticks while supplies last)
Optional Online Registration available at www.pretzelcitysports.com (Nominal processing fee applies, closes at midnight, the Wed. of race week)
- DIRECTIONS:** Located on 422 in Robesonia, Pennsylvania. Turn north onto Big Spring Road at Savage L&B Dodge Chrysler Jeep Ram car dealership. School entrance is on the left.
- RACE DIRECTOR:** Lindsay Gerhart, direct questions to L_Gerhart@conradweiser.org



MAKE CHECK PAYABLE TO "CW Mini-THON"
MAIL CHECK & FORM BELOW TO: LINDSAY GERHART, 44 BIG SPRING RD, ROBESONIA, PA 19551.

Last name _____ First name _____

Address _____ City _____ State _____ Zip _____

5K Registration Sex: M F Race day age: _____ Date of birth ____/____/____

Shirt Size (circle one): S M L XL Phone: (____) _____ A.M. or P.M.??
circle one or both

Email: (print clearly) _____

Already getting Pretzel City emails regularly? ____ Yes ____ No

WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic on the course and assume the risk for running in traffic. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the affects of the weather and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Pretzel City Sports, Conrad Weiser School District, Conrad Weiser Mini-THON, any subcontractors it utilizes, all municipalities in which the race is held, the race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown. By entering this race, I am granting permission to Pretzel City Sports to use any pictures or likenesses of me secured at the event in any way they see fit without review, restriction or compensation. I HAVE READ AND UNDERSTAND THIS WAIVER: (if under 18, legal guardian must sign)

Signature _____

Date ____/____/ 2019